

# Orange County Free Clinic

*"Community Based Care for Those in Need"*

**Spring –Summer 2025 Newsletter**

***...Hope Blooms for Health Care ... Donor Edition***

*Hope Blooms*

**Panera**  
**BREAD**  
Drive Thru

**OCFC's Food Pharmacy ...Food is Medicine  
– See inside page 7**

***Inside: Hope Blooms 2025 GALA Pictures and 2024 Donor List***



### **Board of Directors**

Dr. Randolph V. Merrick  
President , Medical Director  
Barry Barr , Vice President  
Mary Beth Madison, Treasurer  
Dr. Eve Bargmann, Secretary  
Richard Clore  
James Collins  
Ciji Jackson  
Ray Palmer  
Doug Ponton  
David Scibal  
Ron Taylor  
Frank Thomas III

### **STAFF**

Dorren Brown, Exec. Director  
Lisa Wilson, Office Manager  
Kim Frye Smith, Resource Development Director  
Tatiana Cruz, Spanish Interpreter/Office Assistant  
Alicia Byram, Community Health Worker  
Gin Eborn, LCSW –Mental Health Counselor  
Leslie Raiford, FNP  
Kim Sargent , FNP  
Catherine Kipps, RN  
Barbara Martin, CNA  
Crystal Nisly, CPhT Senior Medication Assistance (MAP) Coordinator  
Vickie Howard, MAP Case Worker  
Vanessa Anderson, MAP Case Worker

### **Front Cover:**

**The OCFC current Food Corner has fresh bread from Panera ... And donated limited canned goods, fresh eggs and vegetables in season**

**Alicia Byram, the Clinics Community Health Worker (CHW) -** Established a partnership with Panera Bread who donates bread on Mondays —this is a great addition to the Clinic's small Food Corner that stays stocked with donated canned goods and other supplies.

**Pictured Front Cover::** Alicia Byram—Community Health Worker (CHW) and one of Panera's Managers



**OCFC 2025 -“Anne Russell Gwyn Robertson Humanitarian Award” goes to **Barry Barr** (Left-Center) AND (Right Corner) **Marcia Colby** received our 2025 “ Making a Difference” Volunteer Award—pictured above with Dorren Brown , OCFC Executive Director and Board President, Dr. Randy Merrick ... **Hope Blooms Gala news see page 3****

### **Dorren Brown Recognized by Orange County Rotary Club as “Citizen of the Year”**

**Orange County– April 30,2025 –** Rotary Members gathered at the Silk Mill Grill for its 5th Wednesday meeting to award Dorren with the 2025 “Paul Harris Fellows” Award ! This honor accompanies a donation of \$1000 to the Fellows program in honor of Dorren’s exceptional service to the Orange County community!

**Pictured:** left-Right: Rotary Club Members and OCFC Board Directors :Barry Barr and Doug Ponton, Dorren Brown, Exec. Dr-OCFC and Orange Rotary Club President: Deanne Marshall



### **WELCOME**

#### **Vanessa Anderson, MAP Caseworker—**

Providing assistance with medication and prescriptions to OCFC patients and other income eligible residents who cannot afford their medications.



### **Small clinic...Big Impact, a new day every day!**

We are often asked how our small Clinic can possibly impact all of Orange County. The answer is always, the same...we are here! Five days a week and often no waiting for an appointment. It's a fact, Free Clinics all over the State of Virginia and elsewhere, bring healthcare to the thousands of people who would go without, if not for a Free Clinic in their community! When JB for example, comes to the Clinic for her follow-up care after receiving life saving services at UVA Health last fall, she is quick to recognize the Clinic as her first point of care and is making herself and her health a priority for once in her life!

Between her physical health and now mental health care, JB tells us that it's the changes brought on by having the Clinic available that has encouraged her to keep up her health care regiment , keep appointments, and follow-up with her provider....It's a new day every day !



# Hope Blooms Gala 2025...You Rise By Lifting Others

March 29, 2025

## The Inn at Willow Grove, Orange VA...

Friends of the Clinic came together at the **Hope Blooms Gala and fundraiser** on Saturday March 29, to support Mental Health Services at the Orange County Free Clinic. As a result of tickets, sponsorships, contributions and proceeds from the silent/live auction, the Clinic raised \$54,000 to help sustain Mental Health Counseling and keep services available for the remainder of the year!

The Hope Blooms Gala is the Clinic's signature fundraising event...keeping hope alive for the many residents who look to the Clinic every day for their healthcare! This year the 2025 Anne Russell Gwynn Robertson Humanitarian Award went to **Barry Barr**, OCFC Board Director, recognized for his enthusiastic and selfless support of his community and great friend and supporter of the OCFC!

For the first time, we presented the "Making The Difference" Volunteer award for someone who has shown great support to the Clinic. That award went to **Marcia Colby**, who without a doubt shows tireless dedication to the Clinic!!

**Thank You to all who supported this worthy cause and understands that Hope is such a little word that carries a big impact...!**

**The Inn at Willow Grove—**provided a perfect venue for a beautiful Spring Gala event.

Our **Beautiful Flowers** and arrangements by **Susie Bresee and Caroline Merrick...**

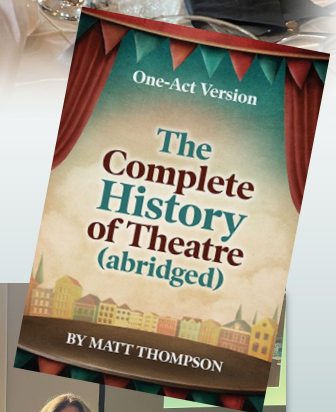
**Entertainment: The Fredericksburg Theatre Ensemble performed a comedy: "The Complete History of Theatre...Abridged!"**



**Above:** Xavier Richardson, Chief Development officer and President –Mary Washington Healthcare and (Left) Dorren Brown, OCFC's Executive Director



Ceta Suratgar, Clark Hall, Eve Bargmann, Suzie Bresee, Patty Engstrom



## You Gave ...Thank You! Donor List 2024

**This Donor list includes gifts/ contributions for Calendar year 2024 (January-December 2024). We regret any omissions or errors. Should corrections be necessary, please contact this office at 540-672-3530 (Kim). Thank you for giving when you can, making the commitment to give in the future, and being advocates for the Clinic by asking others to make this important commitment that helps so many! Note: \* Given in Memory/\*\*Given in Honor**

### ***Estate and Bequeaths***

*Anonymous- \$10,000*

### ***Contributions***

**\$30,000+**

Miller-Guy Charitable Fund  
Aduvans Relief Fund  
Clark Family Foundation  
Town of Orange VA  
VA Association Free Charitable Clinics  
VA Health Care Foundation- VA RX Relief

**\$15,000-\$29,999**

Culpeper Wellness Foundation  
Seay Foundation  
Sentara Healthcare Foundation– Sentara Cares

**\$10,000-\$14,999**

Anonymous  
BAMA Works Dave Matthews Band  
Thomas and Karen Bond  
J. Sheldon and Rita Clark  
County of Orange VA  
Jane and Gardner Larned  
Manning Family Foundation  
Helen McConnell  
UVA Health Culpeper Medical Center

**\$5000-\$9,999**

*Anonymous*

*Anne Russell Gwyn and  
A. Stuart Robertson, Jr. Fund- (Five for Five)  
Baer Family Foundation (Five for Five)  
Beirne Carter Foundation (Five for Five)  
Florence B. Fowlkes (Five for Five)  
Margaurite J. Clark Fund  
Dominion Energy Charitable Foundation  
Gordonsville Medical Aide Fund  
Dr. and Mrs. Samuel Menefee  
The Miller Firm  
\*Jeanie Miller Oelrich  
Rappahannock Electric Coop.—TPOC  
Bill and Joanne Speiden  
Titmus Foundation*

**\$1,000-\$4,999**

Anonymous (X3)  
American Woodmark Foundation  
Barboursville Masonic Lodge#112  
Dr. Eve Bargmann  
Barry and Jane Barr  
\*\*Buzzelli Family Fund  
Eric and Jerry Lee Chafin  
Del & Sharon Compton  
\*Mr. and Mrs. James RV Daniel

### **Continued :\$1,000-\$4,999**

Emanuel Episcopal Church  
Fried Companies  
\*\*Dr.'s Richard and Caroline Godine  
Jim Gerock/Barbara Gerock  
Grelen Nursery  
Porter and Mariel Goss  
Karen Halvorsen  
Erno Michael Hanz  
Wayne and Marie Harrell  
Dr. Byron Hulsey Family Fund  
Innovative Healthcare and Laser Therapy  
Jaske Family *Charitable Gift Fund*  
Laughlin–Beers Foundation  
Mike and Betty Long  
LOW Lions Club Foundation  
Mary Beth Madison  
Cathy I. and Carmen Marco-Cowan Realty  
Gail Marshall  
Mary Washington HealthCare  
Dr. and Mrs. Randolph Merrick  
Wm. Gordon Merrick  
Mountain View Nursing Home  
New Trinity Charitable Fund  
Bob and Inez Painter  
Kevin and Carla Passarello Charitable Fund  
Perrigo Company  
Rotary Club of Orange and Virginia Foundation  
Larry and Alyson Sappington  
Charles and Mary Lou Seilheimer, Jr.  
Greta Shaw  
St. Thomas Episcopal Church  
William F. Thornton  
Frank and Zan Thomas  
\*Amy Jill Tyner  
\*Robert "Bob" Vasquez  
Walmart –Locust Grove  
Walmart–Ruckersville  
Walmart –Distribution Center-Zions Xroads  
Carol Wayner  
Gene & Louise Whitaker  
Allan and Carlene Wilson  
\*Martha and Howard Zaritsky

### **\$500-\$999**

American Color Inc.  
Marta and Tony Buzzelli  
\*Flossie Fowlkes  
\*\*Flossie Fowlkes  
Good Shepherd Lutheran Church  
Gordonsville Town  
Joe Grills  
Jacqueline and Bruce O. Gupton  
Erno Michael Hanz  
Carter Hotchkiss and Gina Pitrone  
Little Zion Baptist Church  
Elizabeth Vickery Lodal  
LOW Lionesses Club  
Mason Insurance Agency  
Tom and Carol Merlo  
\*John and Carol Nettles  
Orange Baptiust Church (OBC)  
Cid Owens  
Judith Peterson  
Gina and Rod Sedwick  
Gina Sedwick  
Janet and Steve Sedwick (The Pavilion on Lake-land Farm)  
David and Charlene Scibal (IWG)  
Mrs. V. R. Shackelford  
\*\*Charlotte Tiekens and Charles Stick  
E. Paul Williams

### **\$250-\$499**

AARP—Locust Grove Chapter  
Hilda B. and Brook Altman  
\*\*Bill and Margaret Anderson  
\*Ed Aycock  
Blue Ridge Trailer-Ruckersville  
Joyce and Michael Bosworth  
Louise Brock  
Bob and Jackie Coiner  
Ann Friberg Foundation  
\*Shirley Graham  
\*Rebecca R. Grymes  
Hale Family Dentistry  
Inn at Willow Grove  
Catherine Kipps  
Elizabeth and David Perdue  
Doug Ponton and Elaine Fogliani  
Chip and Mary Stroh Queitzsch  
Leslie Raiford  
Silk Mill Grill (Jennetta and Arlie Breeden)  
Philip Strange  
John and Jeanette Walls Taylor  
\*Julie Taylor  
Templeton Thompson  
Tiger Fuel Company  
\*\*Frank and Bernice Walker  
Karen Michelle Williams  
Bryan Wisner

### **In-Kind Services and Support**

**Thank You** : to our network of in-kind (without costs to the Clinic) Community Partners, donors, volunteers and so many others who help make services possible.

**Major Medical Partners include:** UVA Health Culpeper Medical Center /LabCorp/ Sentara MJ Hospital /Orange and Gordonsville Pharmacy/Culpeper Wellness Foundation/ and Dermatology PLC



# You Gave...Thank You! Donor List 2024

This Donor list includes gifts/ contributions for Calendar year 2024. We regret any omissions or errors. *Should corrections be necessary, please contact this office at 540-672-3530 (Kim).* Thank you for giving when you can, making the commitment to give in the future, and being advocates for the Clinic by asking others to make this important commitment that helps so many!

## \*\* Given In Honor of:

Dr. Randy V. Merrick  
Jeff and Sarah Poole  
Staff at OCFC  
V. Rae Jones  
Randolph and Corky Miller  
Jess Thompson-40th Birthday  
Bob Vasquez- 90th Birthday

## Contributions

### \$1- \$249

Gerald and Suzanne Aiello  
\*Brook and Hilda Altman  
Sandra Alvarado  
\*Carey Amberger  
\*\*Bill and Margaret Anderson  
Phil and Susie Audibert  
\*Cailen Barry  
Lynn Baines  
\*\*Sara Lee Barnes  
Belmont Farms of Virginia  
\*\*David Bloor (Bob Vasquez 90th BD)  
Blue Run Baptist Church  
\*Suzie Bresee  
Charlotte Buttrick  
Brizzolara Plumbing  
\*Carol Bugg  
Michael Collins  
\*\*Richard and Karen Clore  
Dorothy Chuday  
Berenice Craigie  
Angelica CuPop  
Stephen Cushman  
\*Joan "Pat" Davis  
John J. and Margaret Moon Davies  
\*Rudy and Cynthia Decanio  
\*Barbara "Willow" Drinkwater  
Alan J. Drinkwater  
\*Ernest and Glenda Duncan  
Greg Duncan  
\*Anne Meade Faulconer  
\*Janet Faulconer  
John Y. Faulconer  
Gayle T. Fitzhugh  
\*Bernard Friesz  
Margaret and Floyd Hill  
\*\*Linda Hoffman Gallup  
Pamela Gottschalk  
Belinda C. Gough  
\*Marty Gray  
Dr. L. Trice Gravatte  
\*\*Martha Grasty (Bob Vasquez 90th BD)

## Contributions

### \$1- \$249

Hack Family Foundation (Ti and Megan)  
Joan and Bill Hager  
\*\*Ben Hale  
Elizabeth Hughs Hall  
Carol P. Hallman  
Madeline Harvey  
Gwen and Roland Hill  
Richard and Barbara Hollenbach  
\*\*Gerrilee Hundt (Jess Thompson-40th BD)  
Nash and James Hunsberger  
\*Margaret and V. Rea Jones  
Wanda P. Jones  
Martha Joyner  
\*\*Martha Alsop Kent  
Lakeside Title and Escrow  
Frances Lapan  
\*Deborah Malecki  
Joanne McCausland  
William McClellan, Jr.  
Ophelia McClung  
Corky and Randolph Miller  
Ann Louise Miller  
James Bruce Monroe  
Harriett Witt Moore  
\*Lucille Moubrey  
\*Pam and Larry Norem  
\*\*Vibeke Ober (Bob Vasquez 90th BD)  
Orange County African American Historical Society (OCAHS)  
Orange Tire, Inc.  
Kelly Peral  
Phillip Ponton  
Jeff and Sarah Poole  
Richard C. Powers  
Bill Queitzsch  
Hunter and Elizabeth Rawlings  
Cat and David Reuther  
\*Melissa Rinehart  
Karen and M. Read  
Bert and Martha Roby  
\*Andrea and Colin Rosee  
Rural Retreat Farm  
\*Norma and Steve Sandford  
H.B. Sedwick  
Shady Grove Baptist Church  
Frank and Adair Somerville  
Bryan Smith  
Steve and Pam Speelman-Iron Pipe Alewerks  
\*\*Grace (Jay) Stillwell (Bob Vasquez-90th BD)  
Howell LTD Taylor  
\*Julie Taylor  
Dave "Spyder" and Barbara Thomas  
\*\*Charlotte Tieken  
Eloise Tucker  
Celia Velez

## Contributions (Continued)

### \$1- \$249

\*Pauline Vismer  
\*\*Frank and Bernice Walker  
Jane Ware  
Ellen Wessel  
Barbara Wimble and William Brown  
Emily M. Winkey  
Loraine Wright

## **\*Memorial Gifts**

### ***\*Gifts made in 'Memory' of the following friends and loved ones:***

(January 2024- December 2024)

Page Almond  
Buddy Amberger  
H. Penn Bresee  
Christopher Ernest Duncan  
Dana Faulconer  
Carol Friesz  
Richard Friesz  
H.R. Graham Jr.  
Robert O. Grymes  
Rev. Olin Herndon  
Christine Holt (Daughter of Max Rinehart)  
John Bryden Jaske  
Peggy Kelly  
Marjorie Merrick  
Michael Miller  
Benny Moubray  
G. Taylor Munroe  
George Pollard  
S. Max Rinehart  
Steve Shifflett  
Sandra Speiden  
John Sponski  
Mildred Tyner  
Elinor Vasquez  
Bob Vismer

## **Thank You!**

**Much Appreciation to our 2025 Silent and Live Auction Donors who helped make our event a fun and successful evening!**  
**[www. orangecountyfreeclinic.org](http://www.orangecountyfreeclinic.org)**

The Inn at Willow Grove  
David and Charlene Scibal  
Tim Merrick -Wintergreen Realty  
Montpelier Hunt Races  
Massanutten Resort  
Innovative Health Care & Laser Therapy  
Del Compton Art Work  
Cavello Gallery and Custom Framing  
The Laurie Holladay Shop  
Belmont Farm Distillery  
Bill Speiden  
Phil and Suzie Audibert

OCFC offers free healthcare services to eligible residents, funded by private donors, foundations, and support from the Virginia Association of Free and Charitable Clinics. As a nonprofit, OCFC is familiar with funding uncertainties but remains grateful for 18 years of unwavering community support.

Hope Blooms throughout the year...thanks to you!!

**Thank You...for supporting Clinic efforts to provide services!**

## You Rise By Lifting Others



**Full House at the Inn at Willow Grove– Hope Blooms Gala Fundraiser– March 29, 2025**



**It's a Fact:** ...Patients receiving mental health counseling do better when they also have access to **primary care services** to address physical concerns as well. OCFC provides care for the “whole person” offering both mental and physical primary acute and chronic illness care all under one roof...**OCFC's primary acute and chronic care services**, including medications and critical supplies are free to qualified residents and we never ask for payment...OCFC is a vital resource to Orange County; so much so that other agencies and organizations in our community look to the OCFC as a vital partner in addressing healthcare concerns in our community!

**A new day, every day**– Our staff of 13 medical and administrative workers, care for, listen to and seek out the best possible path for a person's good health!

### OCFC Staff



**Pictured left to right:** Front Row– Alicai Byram, Dorren Brown, Leslie Raiford, Vickie Howard, Tatiana Cruz **Back Row:** Crystal Nisley, Barbara Martin, Gin Eborne, Lisa Wilson, Kim Frye Smith, Kim Sargent, Catherine Kipps/ Not Pictured: Vanessa Anderson

Fundraisers like the Hope Blooms Gala and the support of our newsletter play a vital role in sustaining the Orange County Free Clinic (OCFC) year after year. Your participation—whether through donations, gifts, or other contributions—ensures that Orange County residents have access to quality medical care they might not otherwise receive.

Your support makes a real difference in our community, addressing critical healthcare needs and empowering individuals to lead healthier lives. We hope you'll use the enclosed envelope to send back a gift of any amount or use the QR Code below. Donations are tax-deductible, and every contribution helps us continue providing compassionate, accessible care to those who need it most.

<https://www.orangecountyfreeclinic.org/make-a-donation/>

Thank you for your generosity and commitment to supporting local healthcare. To learn more about how you can help, visit us at [www.orangecountyfreeclinic.org](http://www.orangecountyfreeclinic.org). Together, we can ensure that OCFC remains a fully supported community healthcare provider. Warmest regards, Kim

Thank You - Rotary Club of Orange Foundation Grant



Thank you American Woodmark– Orange Plant! We miss our good neighbor!



# Community Support

## Hope Blooms...We Rise By Lifting Others!

The Orange County Free Clinic positively impacts its community in so many ways...

### **FEDERAL CUTS JUST HIT HOME....!**

**OCFC, Orange VA** – Although changes were anticipated, their arrival came sooner than expected. In March, the Department of Health announced that funding for Community Health Worker (CHW) positions would be eliminated statewide—forcing OCFC and similar organizations to confront difficult decisions.

**Three** years ago, the Department of Health created these positions in response to local health departments being overwhelmed by the volume of residents seeking assistance beyond their capacity. When asked to help out, Free Clinics stepped in, using their own staff and resources to provide many services previously offered by the Health Department. As a result, these positions were extended to Free Clinics statewide, along with certification opportunities. Community Health Workers (CHWs) now assist clinics by connecting patients with community resources and addressing non-medical needs that can impact health outcomes. These vital services are offered by Free Clinics and other organizations across the state.

**When news broke** that the position would no longer be supported financially, the Orange County Free Clinic (OCFC) recognized the irreplaceable value to patients and committed to retaining it. Dorren Brown, OCFC's Executive Director, stated, "For now, the cost is being absorbed as we work to sustain this position. The CHW connects patients to resources and provides essential support, helping them move forward in their lives." The CHW is a vital part of OCFC's services, addressing concerns like food insecurity and housing scarcity.

### **BY THE WAY...**

In a study to show how food insecurity impacts family medical expenditures (RE: Agency for Healthcare Research Quality-2017), showed that families who were food insecure, had 20% higher medical expenditures in 2016 than those families who had secure and consistent access to nutritious food. Research estimates that food-insecure adults incur an additional \$1,834 in annual healthcare costs compared to food-secure individuals (cdc.gov).



### ***"Orange County's first Food Pharmacy is on the Way..."*** **Dorren Brown, OCFC Executive Director**

**With food insecurity and chronic illnesses** on the rise in Orange County—often linked to unhealthy diets—the Orange County Free Clinic

(OCFC) is expanding its services to include a *"Food Pharmacy,"* rooted in the principle that food is medicine. In partnership with the Blue Ridge Area Food Bank (BRAFB), OCFC's on-site food corner will supplement food being offered by the County's existing food pantries. This initiative requires a build-out of 800 square feet at the Clinic, located in the Silk Mill Complex, where the Food Pharmacy and the Clinic's Clothes Closet will be housed. Patients will access dry, canned, fresh (and eventually frozen) foods, along with nutrition counseling provided by the CHW—Food Pharmacy Coordinator, volunteers, or medical



providers who will screen closely for food insecurity amongst OCFC patients! In the meantime, until the space is completed, the Clinic will utilize current, but limited space to provide the service. **According to Feeding America's Meal Gap Study,** Orange County has the highest food insecurity rate in its district

at 12%, with many residents ineligible for federal assistance. OCFC is addressing this issue for patients at or below 300% of the federal poverty level, many of whom fall through gaps in existing aid programs. **The Food Pharmacy** will endeavor to assist over 700 OCFC patients seen annually at the Clinic. Access to nutritious food, tailored to individuals' health needs, promotes better diets and health outcomes. To support this effort, the Clinic will launch a Capital Campaign while continuing its mission of providing healthcare that treats patients holistically (the whole body), just as it successfully did for mental health counseling. Access to nutritious food tailored to health needs can improve outcomes for diet-related illnesses while removing barriers to healthy eating. This is a win for everyone and we look forward to sharing updates on this impactful initiative!

Foundation Grants to support services—  
Late Fall-Spring 2025



**Sentara®**

**LOW Lions Club Foundation  
and LOW Lioness Club**



**Walmart Spark for Good Teams:**  
Distribution Center @ Zions Crossroads  
and Ruckersville and Locust Grove Stores



**GMAF**  
**Gordonville Medical Aide Foundation**

**ORANGE COUNTY FREE CLINIC**  
**P.O. Box 441 /101 C Woodmark St**  
**Orange , VA 22960**

Non-profit Org  
US Postage  
PAID  
Orange VA  
Permit No 97

*Orange County Free Clinic*

**SUPPORTED BY YOU...HELP FOR THOSE IN NEED**



# Golf News

## WHAT WE DO

**What We Do- Healthcare...** Access to free primary medical care, medication assistance, mental health counseling and more!

### What We Offer...Peace of Mind

Consistent, reliable quality primary healthcare without judgement or barriers ...

**Who We Serve...**Low- income adult residents of Orange County who are medically uninsured or underinsured.



**ORANGE COUNTY VIRGINIA**



The Orange County Free Clinic is a 501 (c) 3 non-profit organization

## Mark Your Calendars

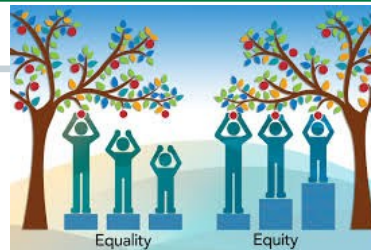
**Friday -October 17, 2025—Meadows Farms Golf Course— 1:00 Shotgun Start**

**Tee Up for Health Care Golf Tournament—  
More info coming soon**

**Thank you for making Orange County a healthier place to call home!**

**OCFC advocates for equal and equitable access to quality healthcare in its community!**

**Se Habla Espanola**



Visit us at  
[www.orangecountyfreeclinic.org](http://www.orangecountyfreeclinic.org)

