

# Orange County Free Clinic

*"Community Based Care for Those in Need"*

*Spring – Summer 2024 Newsletter*

***...Hope Blooms for Health Care ... Donor Edition***



*Hope Blooms*



***Inside: GALA Pictures and 2023 Donor List***



## You Gave ...Thank You! Donor Edition

### Board of Directors

Dr. Randolph V. Merrick  
President , Medical Director  
Barry Barr , Vice President  
Mary Beth Madison, Treasurer  
Dr. Eve Bargmann, Secretary  
Richard Clore  
James Collins  
Ciji Jackson  
Ray Palmer  
Doug Ponton  
David Scibal  
Philip Strange  
Ron Taylor  
Frank Thomas III

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Dorren Brown, Exec. Director  
Lisa Wilson, Office Manager  
Kim Frye Smith, Resource Development  
Director  
Tatiana Cruz, Spanish Interpreter/Office  
Assistant  
Jeanie Oelrich, RN  
Catherine Kipps, RN  
Leslie Raiford, FNP  
Kim Sargent , FNP  
Gin Eborn, LCSW –Counselor  
Crystal Nisly, CPhT Senior Medication  
Assistance (MAP) Coord  
Vickie Howard—MAP Case Worker

### Thank You Dr. Merrick



**OCFC 2024 - “Anne Russell Gwyn Robertson Humanitarian Award” goes to Dr. “Randy” Merrick (OCFC Medical Director and Board President) with Dorren Brown , OCFC Executive Director. See page 3...**

### **WELCOME**

#### **Jeanie Oelrich, RN**



Jeanie had volunteered regularly when we needed her most! Coming in to help when short staffed, or giving staff coverage for vacation season, Jeanie has been our “pinch hitter” for some time and when the opportunity for a full time position came open, we were very fortunate and happy that she wanted to be at the Clinic full time!! Jeanie is an absolute pleasure to work with and a super knowledgeable, skilled and caring RN! Just ask our patients!!

### **Well Done! Crystal Nisly, CPhT** **Senior MAP Caseworker**



**Received the** prestigious 2024 You “RX”ceptional Award from the VA Health Care Foundation ([www.vhcf.org](http://www.vhcf.org)). The “Cheers For Champions” Award Ceremony will be held in June to recognize Crystal and her work at the Orange County Free Clinic. Crystal’s commitment extends to the hundreds of patients who rely on her dedication to finding medications that they would otherwise not be able to access! **OCFC’s Medication Assistance Program (MAP—**[www.orangecountyfreeclinic.org](http://www.orangecountyfreeclinic.org)

### **Numbers tell the story (Below)**

In –FY 2023 OCFC enrolled 218 new patients; currently in 2024 we have enrolled over 165 new patients!! Our services are much needed!

Outreach Postcards go out to residents and employers so they know how to find us! Outreach grant is from the VAFCC...



**In March 2024, OCFC provided input and feedback** on community health needs assessments for our region. This was sponsored by the **VA Dept of Health** and has since provided a report that listed the 5 most mentioned **major issues and concerns** and while not prioritized currently, these five will be the next step in focus for future community meetings: **Health Care Services and Coverage/Health Related Social Supports/Substance Abuse/Mental Health/Housing.**



## Hope Blooms ...Stories Flourish

April 20, 2024

The Pavilion on Lakeland Farm, Orange VA

Friends of the Clinic came together at the **Hope Blooms Gala and fundraiser** on Saturday April 20, 2024 to once again support Mental Health Services at the Orange County Free Clinic. As a result of guests attendees, sponsorships, contributions and proceeds from the silent auction, the Clinic raised \$60,000 to help sustain its' Mental Health Counseling program and keep services available for the remainder of the year!

The Hope Blooms Gala is the Clinic's signature fundraising event...*keeping hope alive for the many residents who look to the Clinic every day for their healthcare!* This year our special humanitarian Award went to **Dr. Randolph Merrick**. Dr. Merrick (Owner, Innovative Healthcare and Laser Therapy, OCFC Medical Director and Board of Directors President) is one of the founders of the Clinic and a staunch supporter, advocate and fundraiser. His contributions are insurmountable to the on-going operations of the Orange County Free Clinic and to our community!

**Thank You to all who supported this worthy cause and who listened to our story and the stories of our patients!**

**Music: Laissez Foure/ Catering: Provisions /Market Table**

***You begin to bloom when you help those around you grow...Anonymous***



**Much Appreciation to our *Silent Auction* Donors who helped make our event a fun and successful evening! A full list can be seen on our website:**

**[www. orangecountyfreeclinic.org](http://www.orangecountyfreeclinic.org)**



**Staff Members of OCFC**

## You Gave ...Thank You! Donor List 2023

**This Donor list includes gifts/ contributions for Calendar year 2023 (January-December 2023). We regret any omissions or errors. Should corrections be necessary, please contact this office at 540-672-3530 (Kim). Thank you for giving when you can, making the commitment to give in the future, and being advocates for the Clinic by asking others to make this important commitment that helps so many! Note: \* Given in Memory/\*\*Given in Honor**

### ***Estate and Bequeaths***

*Anonymous- \$10,000*

### ***Contributions***

**\$30,000+**

Aduvans Relief Fund  
VA Association Free Charitable Clinics  
VA Health Care Foundation- VA RX Relief  
Town of Orange VA

**\$15,000-\$29,999**

Clark Family Foundation  
J. Sheldon and Rita Clark  
Gardner and Jane Larned  
Sentara Healthcare

**\$10,000-\$14,999**

Anonymous  
Thomas and Karen Bond  
County of Orange VA  
Culpeper Wellness Foundation  
Mrs. Helen McConnell  
Manning Family Foundation  
Dr. and Mrs. R.V. Merrick  
Valley Charitable Trust -James Collins and Family  
Carlene and Allan Wilson

**\$5000-\$9,999**

*Anne Russell Gwyn and  
A. Stuart Robertson, Jr Fund- (Five for Five)  
Baer Foundation (Five for Five)  
Beirne Carter Foundation (Five for Five)  
Florence B. Fowlkes (Five for Five)  
BAMA Works -Dave Matthews Band  
Dominion Energy Charitable Foundation  
Gordonsville Medical Aide Fund  
Dr. and Mrs. Samuel Menefee  
Michelle Jackson- Mork Family  
Wm H. Speiden  
UVA Health Culpeper Medical Center  
Pernell and Perrie Williams*

**\$1,000-\$4,999**

Anonymous (X2)  
American Woodmark Foundation  
Barboursville Masonic Lodge#112  
Dr. Eve Bargmann  
Barry and Jane Barr  
Joyce and Michael Bosworth  
Eric and Jerry Lee Chafin  
Del & Sharon Compton  
Dominion Energy  
Ernest and Glenda Duncan  
Emanuel Episcopal Church

### **Continued :\$1,000-\$4,999**

Fried Companies  
Barbara (Bobbie)Gerhardt  
\*\*Dr.'s Richard and Caroline Godine  
Jim Gerock  
Barbara Gerock  
Porter and Mariel Goss  
Grelen Nursery  
Joe Grills  
Karen Halvorsen  
Wayne and Marie Harrell  
Carter Hotchkiss and Gina Pitrone  
Dr. Byron Hulsey Family Fund  
Innovative Healthcare and Laser Therapy  
Jaske Family Charitable Gift Fund  
Laughlin-Beers Foundation  
Mike and Betty Long  
LOW Lions Club Foundation  
Barry McNamara and Inga Verweij  
\*Mary Beth Madison  
Cathy I. and Carmen Marco-Cowan Realty  
Gail and John Marshall  
Mary Washington HealthCare  
Mason Insurance Agency  
Betty Meadows (Meadows Farm Nursery)  
Dr. and Mrs. Randolph Merrick  
Wm Gordon Merrick  
Robert Mosologo/Elizabeth Mosologo-Clark  
Mountain View Nursing Home  
Bob and Terry Painter  
Bob Painter  
Kevin and Carla Passarello Charitable Fund  
Perrigo Company  
Doug Ponton and Elaine Fogliani  
Larry and Alyson Sappington  
St. Thomas Episcopal Church  
Wm. Thornton  
Frank and Zan Thomas  
\*\*Amy Jill Tyner  
United Healthcare Services  
\*Robert "Bob" Vasquez  
Carol Wayner  
Gene & Louise Whitaker  
Martha and Howard Zaritsky

### **\$500-\$999**

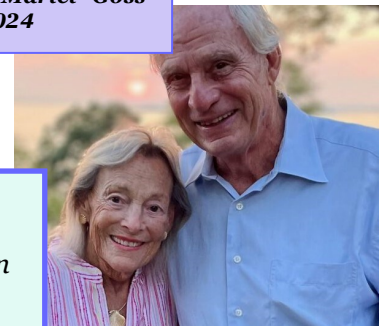
American Color Inc.  
Marta and Tony Buzzelli  
Good Shepherd Lutheran Church  
Town of Gordonsville  
Sean Greg, Esq.  
Erno Michael Hanz  
Little Zion Baptist Church  
Elizabeth Vickery Lodal  
LOW Lionesses Club  
Chuck and Ann Mason  
Mayeisha's Fine Arts Studio (MFAS)  
Tom and Carol Merlo  
\*John and Carol Nettles  
Elizabeth and David Perdue  
REC  
Gina and Rod Sedwick  
Janet and Steve Sedwick (The Pavilion on Lakeland Farm)  
Charles and Mary Lou Seilheimer  
David and Charlene Scibal (IWG)  
Grace Stillwell  
Mrs. V. R. Shackelford  
\*\*Charlotte Tieken and Charles Stick  
Ellen Wessel  
Bryan Wisner

### **\$250-\$499**

Hilda B. and Brook Altman  
\*\*Bill and Margaret Anderson  
Blue Ridge Trailer-Ruckersville  
Louise Brock  
Linda Goodwin  
\*Shirley Graham  
\*Rebecca R. Grymes  
Orange Baptist Church  
Bill and Connie Queitzsch  
Chip and Mary Stroh Queitzsch  
Silk Mill Grill (Jennneta and Arlie Breeden)  
Philip Strange  
John and Jeanette Walls Taylor  
Woodland Methodist Church  
\*\*Frank and Bernice Walker

***Remembering Mary"Mariel" Goss  
March 25,2024***

*Our deepest sympathies go out to the Goss family with the passing of Mariel. She will always be remembered for her kindness and deep appreciation for helping others! Staff and Board of OCFC*





## You Gave...Thank You! Donor List 2023

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### **\*\* Given In Honor of:**

Dr. Randy V. Merrick  
Dr. and Mrs. R.V. Merrick  
Caroline "Sis" Merrick  
Mrs. Corky Miller  
Jeff and Sarah Poole  
Mildred Tyner  
Staff at OCFC

### **Contributions**

#### **\$1- \$249**

Gerald and Suzanne Aiello  
Randy and Heidi Akers  
Alcova Mortgage  
Amazon Smiles  
\*Carey Amberger  
\*Bill and Margaret Anderson  
Anonymous  
\*Ed Aycock  
\*Cailen Barry  
\*Lynn Baines  
\*\*Sara Lee Barnes  
Belmont Farms of Virginia  
Joyce And Michael Bosworth  
\*\*Pen and Suzie Bresee  
Brizzolara Plumbing  
Scott and Elaine Brown  
MB Caldwell  
Richard and Karen Clore  
Clora's Repair Shop  
Rebecca Coleman  
Cynthia Colvin  
W.R. Cooper  
Berenice Craigie  
Stephen Cushman  
\*Mr. and Mrs. James RV Daniel  
Joan Davis  
John and Margaret Moon Davies  
\*Rudy and Cynthia Decanio  
Susan Decker  
\*Ernest and Glenda Duncan  
\*Anne Meade Faulconer  
\*Janet Faulconer  
John Y. Faulconer  
Gayle T. and Curtis Fitzhugh  
\*Linda Franklin  
Jill Friar  
\*Bernard Friesz  
\*\*Linda Hoffman Gallup  
Pamela Gottschalk  
Belinda Gough  
\*Marty Gray  
Lucy Ann Grimm  
\*Diane and Randy Grymes

### **\*\*Given in Honor/\* Given in Memory**

#### **Contributions**

#### **\$1- \$249**

Megan and Ti Hack  
\*\*Toni and Rob Haack  
Hale Family Dentistry  
Elizabeth and Joe Hall  
Carol P. Hallman  
Bryan and Eileen Hargett  
Ed Hutchens  
Margaret and V. Rea Jones  
Wanda P. Jones  
Martha Joyner  
\*\*Martha Alsop Kent  
Frances Lapan  
Ray C. Lonick  
Kevin Mann-State Farm Agent  
Joanne McCausland-Christ Episcopal Church  
William McClellan, Jr.  
Kirk T. Milam  
\*\*Ann Louise Miller  
\*Corky and Randolph Miller  
James Bruce Monroe  
Montague Miller & Co Realtors  
Native Son Vineyard LLC  
Nazareth Baptist Church  
\*Pam and Larry Norem  
Orange County African American Historical society (OCAHS)  
Orange Tire  
Judith Peterson  
Richard C. Powers  
Henry H. and Frances Purcell  
Mrs. Karen Read  
Bert and Martha Roby  
Jimmy Rowe  
Rural Retreat Farm  
S&I Dulin  
\*Norma and Steve Sandford  
H.B. Sedwick  
Mrs. V.R. Shackelford III  
Shady Grove Baptist Church  
Matthew Sibley  
Frank and Adair Somerville  
Steve and Pam Speelman-Iron Pipe Alewerks  
\*Julie Taylor  
Eloise Tucker  
Pauline Vismer  
\*\*Frank and Bernice Walker  
Jane Ware  
Ellen Wessel  
Deborah Weigel  
Barbara Wimble  
Emily M. Winkey  
WMU-Valerie Payne Circle- OBC  
Loraine Wright

### **\*Memorial Gifts**

#### ***\*Gifts made in "Memory" of the following friends and loved ones:***

(January 2023- December 2023)  
Buddy Amberger  
A. Terrell Baskerville  
Christopher Ernest Duncan  
Dana Faulconer  
Harold Faulconer  
H.R. Graham Jr.  
Robert O. Grymes  
Marjorie Grills  
Marjorie Merrick  
Jeanne D. Harrison  
Rev. Olin Herndon  
Christine Holt  
Janice LaPrade  
Merle Lawson  
Marjorie Merrick  
Frank and Donna Mork  
Michael Miller  
Taylor Munroe  
Jeremy Ryan Norem  
Richard and Thelma Sandford  
John Sponski  
Elinor Vasquez  
Robert "Bob" Vismer

### **In-Kind Services and Support**

Thank You also to our network of in-kind (without costs to the Clinic) donors, volunteers and community partners who help make services possible. **This is only a sampling:**

**UVA Health Culpeper Medical Center—**

**LabCorp—Laboratory Services**

**Sentara MJ Hospital**

**Orange and Gordonsville Pharmacy**

**Culpeper Wellness Foundation**

**Germanna School of Nursing**

**Marcia Colby— Recycling**

**Donors OCFC Community Closet and Food Pantry**

**Corky Miller— Hand crafted Children's Dolls**

**Orange Seventh Day Adventist Church— Christmas Food Drive**

**Luwanna Scott— Assortment of Christmas Gifts for patients**

**Montague Miller Realty— "Socktober"—warm socks collected and donated!**

**Silent Auction Donors— 2024**

*Hope Blooms throughout the year...thanks to you!!*

## Thank You...for supporting Clinic efforts to provide services!

**Your choice to support the OCFC helps create a healthier community...**

**May 18, 2024—Hartland College Choir—Fundraiser Concert Event for OCFC— Thank you to Betsy Mayer, Hartland College Choir Directress, Tom May, Ben Armistead and Christ Episcopal Church in Gordonsville for hosting the beautiful music event! Attendees enjoyed “A Festival of Hymns” presented by students and special guests organist, David Greene.**



So Grateful



**Mary Beth Madison –Facing Left- (OCFC Board Director)**



**Seated Above : Perrie F. Williams and El Frye**

**It's a Fact:** Patients receiving mental health counseling do better when they also have access to primary care services to address physical concerns as well. OCFC provides care for the “whole person” offering both mental and physical primary care all under one roof...The Orange County Free Clinic!

**Mental Health Services at the OCFC** are thriving and helping residents who would not have access to mental health care if not for the Clinic! We are celebrating a full year since we were able to hire a part-time Counselor with seed funds from the Culpeper Wellness Foundation, thus creating a new beginning for a more robust program and consistent availability for patients ! The Clinic's Mental Health Counselor works closely with other OCFC providers to make sure patients have the best possible outcome. Our Counselor currently works with 88 patients and continues to build on a growing waiting list.

**OCFC primary care services**, including medications and critical supplies are free to qualified residents and we never ask for payment...OCFC is a vital resource to Orange County; so much so that other care providers, the VA Dept of Health and healthcare providers in our community look to the OCFC as a vital partner in addressing healthcare concerns in our area.

**Del and Sharon Compton**



**Doug Ponton (Board Director) and Elaine Fogliani Ponton**



**Barry Barr (OCFC Board Director ) and Kim Frye Smith (OCFC Resource Development)**

**Fundraisers, like the Hope Blooms Gala, other events and support of our newsletter, help the OCFC to keep services available year after year...** Your donations and gifts or however you choose to participate, assures Orange County residents of quality medical healthcare that they might not have access to if not for the OCFC! We appreciate your support and if you feel so moved, hope you will use the enclosed envelope to send back a gift of any amount! Your donations are tax deductible! Thank You ! *My very best to you all,*

*Kim*

To learn more on ways you can support the clinic go to : [www.orangecountyfreeclinic.org](http://www.orangecountyfreeclinic.org)

*The Orange County Free Clinic is fully supported community healthcare provider!*



## Hope Blooms...Stories Flourish!

### Community Support

The Orange County Free Clinic positively impacts its community in so many ways... **And with the help of others!!**



- FAHASS- The Clinic hosts **Fredericksburg Area Health and Support Services** every month to provide HIV testing and Hep C screenings. OCFC staff participated in the Fredericksburg Community Expo hosted by FAHASS in March where there over 600 attendees where we provided wellness checks. [www.fahass.org](http://www.fahass.org)

**Germanna Nursing Students were asked to give their feedback on their experience at the OCFC...**

**Jennifer L.** "I didn't know what to expect at a Free clinic... This experience has been extremely eye opening and honestly one of my favorite clinicals...I wish I could go back every week to help out and learn!..."

**Allyson A. says :** "At the Clinic I gained confidence in my ability to triage patients and practice taking vital signs... I learned so much!!

**Lakhea D.S.:** The two Rn's were absolutely fantastic and were so helpful with guiding me and challenging me ... I learned so many valuable skills and really appreciate the RN's and staff for being very welcoming to me a student nurse! **Thank You!"**

### Grants to support services– Spring 2024



**American Woodmark Foundation– Orange Plant**



**LOW Lions Club Foundation and Lioness Club**

**Walmart**



RELIABLE • AFFORDABLE • FOCUSED ON YOU



**"We listened to his story...that's what we do..."Dorren Brown, OCFC Executive Director**



Dorren shared this story with guests at our GALA and it is worth repeating.

Routinely answering the phone, Dorren answered to a lady who said she didn't know what to do. She had never reached out for help before and had heard about us. She was worried about her 50 year old son and needed help!

He had just moved back to Orange to live with his brother after a divorce , lost his job and insurance. He is a severe **insulin dependent diabetic** and could not afford his medications. She paid for his medications last month and couldn't afford to buy it again this month. She was afraid he would die without help, and that her husband had died at 56 from the same illnesses. An appointment was made for her son the next day.

John Doe arrived with a bag of empty medicine bottles and Lisa (Office Mgr.) checked him in and enrolled him as a new patient. His story continued...he lost his job and insurance as a truck driver...he also used to volunteer with the Fire Department.

He told Lisa and Dorren that he no longer can afford his meds, and was so embarrassed to have to come here, knowing he never had to depend on assistance ever...

After Jeanie, our RN took his vitals, he met with Leslie, our Family Nurse Practitioner. Leslie saw him for a considerable amount of time and during his visit, she listened to his story and set up his plan of care...

He then met with Crystal, our Sr. MAP caseworker and was enrolled in the medication assistance program to get his diabetic medications and hypertension meds. He told her before he came to us today, "he had about given up and decided to just let nature take its course, going without his medications he couldn't afford".

At check out, Dorren told him she was sorry his visit took so long and that we wanted to get everything in place for him! John told her "not at all," this was the first time he'd been anywhere when he didn't feel like a number. He said Nurse Leslie listened to him and gave him hope that he had not had in a very long time...he was so appreciative of that.

He left smiling with a supply of insulin and another appointment in 3 weeks...

**...We listened to his story...that's what we do!!**

*Hope Blooms*

**ORANGE COUNTY FREE CLINIC**  
**P.O. Box 441 / 101 C Woodmark St**  
**Orange , VA 22960**

Non-profit Org  
US Postage  
PAID  
Orange VA  
Permit No 97



**SUPPORTED BY YOU...HELP FOR THOSE IN NEED**



### WHAT WE DO

**What We Do- Healthcare...** Access to free primary medical care, medication assistance, mental health counseling and more!

#### What We Offer...Peace of Mind

Consistent, reliable quality primary healthcare without judgement or barriers ...

**Who We Serve...** Low- income adult residents of Orange County who are medically uninsured or underinsured.



**ORANGE COUNTY**  
**VIRGINIA**

*The Orange County Free Clinic is a 501 (c) 3 non-profit organization*

## Golf News

### Notes from OCFC

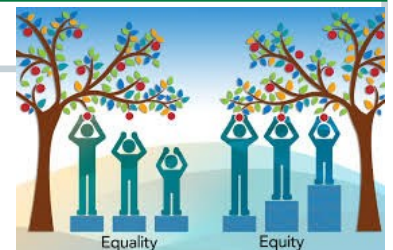
*Coming in October- Fundraiser-*

***Tee Up for Health Care Golf Tournament—  
More info coming soon***

**Thank you for making Orange County a healthier place to call home!**

**OCFC** advocates for equal and equitable access to quality healthcare in its community!

*Se Habla Espanola*



Visit us at  
[www.orangecountyfreeclinic.org](http://www.orangecountyfreeclinic.org)

