

Orange County Free Clinic

“Community Based Care for Those in Need”

The Orange County Free Clinic is a 501 (c) 3 non-profit organization www.orangecountyfreeclinic.org

Fall -Winter 2023 Newsletter

Moving Right Along...



...Thank You for your support...



Golf Fundraiser 2023

Meadows Farms Golf Course, Locust Grove, VA...Sunshine ,windy and an absolutely beautiful day to play! Daren Pilkenton– American Woodmark Team!



A Fall Tradition

The 20th Annual Tony Fogliani Memorial Golf TournamentA BIG SUCCESS!

Raising over 17,000 for OCFC programs and services.

*(Below) Doug Ponton and Elaine Fogliani , Founders of the tournament, were recognized for their outstanding dedication to the Orange County community! Friends and long-time participants spoke about the friendship they had with Tony Fogliani and that a truer friend could not be found!

The Ponton's announced that they are sunsetting the Tony Fogliani Memorial Golf Tournament after 20 years and thanked everyone who understands the spirit of giving and love of the game of golf!

They asked everyone to continue to support OCFC's "Tee Up for Healthcare" Tournament next year!



Thank You

Moving Right Along ... Thanks to you!

Board of Directors

- Dr. Randolph V. Merrick
President , Medical Director
- Barry Barr , Vice President
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STAFF

- Dorren Brown, Exec. Director
- Lisa Wilson , Office Manager
- Kim Frye Smith
Resource Development Director
- Tatiana Cruz, Spanish Interpreter/Office Assistant
- Magie Zamora, CHW
Community Health Worker
- Faye Coffey, LPN
- Catherine Kipps, RN
- Leslie Raiford, FNP
- Kim Sargent , FNP
- Gin Eborn, LCSW –Counselor
- Crystal Nisly, CPhT Senior Medication Assistance Coord.
- Kelly Richardson CPhT- Medication Assistance Coord.

Have a safe and peaceful holiday season!
... Board of Directors and OCFC Staff

So Grateful



Left: Dr. Randolph Merrick,
Board President

Celebrate the Season...thank you to our loyal donors, contributors, healthcare partners and all who support OCFC's efforts to provide so many with a healthcare home!



Spotlight

Spotlight! Exec. Director, Dorren Brown (Above-right) and Sentara Brand Engagement Consultant, Alyssa Pacheco prepare for "Community Partners " TV Segment featuring OCFC (and others). Our segment will most likely air in December on NBC 29!



Welcome MAP Coordinator-

Kelly Richardson, CPhT

Kelly's pharmacy tech experience allowed her to ease into the MAP Coordinator position without skipping a beat! Clients receive the care and understanding that only an experienced professional brings. Kelly is one of two pharmacy techs at the Clinic who helps to support our patient medication assistance program . Working with major pharmaceutical companies, patients receive medications valued at over \$3.4 million annually!

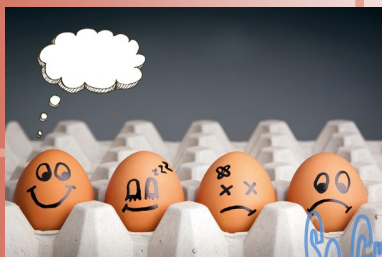


Well Done!

Magie Zamora, CHW



Magie was awarded a scholarship through the *CHW Strength Foundation* and obtained her certification as a professional "Community Health Worker" in August. Magie was featured in CHW Strength Foundation newsletter that highlighted her hard work and dedication to her profession. **The Virginia Department of Health– Rappahannock District initiated a two year program to hire a dedicated Community Health Worker at Free Clinics to promote overall community health! This position is just one of the valuable resources available to residents who make the OCFC their primary healthcare home! Congratulations Magi!**



So Grateful...for healthcare

Orange County Free Clinic

So, how are you today?

Staying healthy does take a little effort and it starts with **paying attention to how you feel!** Don't let everyday life keep you from having consistent healthcare. It's important to have a Provider when you know you need it and to call your or refer you to a specialist when you need one. **Just a reminder...** OCFC is **registering new patients**... Open Monday through Friday 9-5. Appointments are scheduled weekdays (M-Th-F-S). Call Today...540-672-0793 (Se habla español) Call...Answer the questions...Schedule an appointment! See **New and Expanded Income Guidelines** Ask about **Medication Assistance (MAP)** to help with your **unaffordable medications**. This service is also available to **non-clinic patients**

OCFC specializes in primary healthcare that is free to low income uninsured or underinsured adults in Orange County VA. Provider visits, chronic disease care management, medical supplies for diabetic and some chronic care needs, medications and medication assistance, lab and diagnostic testing, specialist referrals, women's services and more are available to you...Call Today! 540-672-0793 www.orangecountyfreeclinic.org

It's a fact: Census information for Orange County (2022) shows 10% of the population are uninsured and underinsured...unaffordable even when working! It is not a situation that any of us want to be in... The Orange County Free Clinic is available to those in our community who need a primary healthcare home! **Outreach Postcards** (left) go out to residents and employers so they know how to find us! Outreach grant is from the VAFCC. **OCFC enrolled 218 new patients last year (July 22-June '23)**

Wishing you happy holidays!! Good Health in the coming year!

Thank you for supporting Clinic Efforts to provide services!

Community Support

Sentara Health granted OCFC \$20,000 in August to support Mental Health counseling at the Clinic...helping to fill a gap in this critical need! **Sentara MJH** partners with OCFC to bring Colorectal FIT Screenings to patients and other services.

The Culpeper Wellness Foundation used a grant from the VA Dept. of Health to support medical-dental integration for Orange, Culpeper and Madison Free Clinics and Piedmont Regional Dental Clinic. Includes an intra-oral camera that can send pictures to a patients health record.

Barboursville Masonic Lodge

#112—Sponsored a *Fish Fry* to benefit Clinic services- \$2,100/

Town of Orange, County of Orange and Town of Gordonsville supports Clinic services. Thank you for additional funding this year to support mental health counseling at OCFC.

Golf Tournament 2023- Sponsors, contributors and players netted \$10,500 /

In-Kind Donors –LabCorp provides all of the Clinics laboratory testing and is an invaluable resource and partner to OCFC
Thanks to all!



Team Travis Hale takes top spot...!

Fundraisers, like the Tony Fogliani Memorial Golf Tournament and other events help the Clinic to keep services available all year, moving and thriving ...and thankfully, available to residents since 2007!

*We appreciate your continued support and hope you will **use the envelope** enclosed to send back your gift of any amount! Your donations are tax deductible!*

Coming Events

Christmas Parade

December 2 -Rotary Christmas Parade—Look for the OCFC “Winter Wonderland “ Float.

Hope Blooms Gala

April 20, 2024

OCFC Board of Directors announces the “*Hope Blooms*” Spring GALA 2024 on Saturday April 20 at the **Pavilion on Lakeland Farm...**

We hope you'll be back to support our signature fundraising event to help sustain **Mental Health** . Look for your sponsor letters in January and invitations going out in early March!!

Please keep us in your plans!

It's Fall Ya'll ..Spice Up Your Life

Adding Cinnamon and Turmeric to food can help aching joints and inflammation !

Moving Right AlongThanks Ya'll!

Mental Health: Helping patients live their best lives... Recognizing that physical and emotional care are inextricably tied. Healthcare at the OCFC means addressing all of a persons' needs.
OCFC provides primary healthcare services to over 750 patients in 5000 visits annually.

Patient Story: Faced with eviction, losing her job and losses during a divorce, “Ann Marie” asked to see the Clinics' Counselor to help sort things out. She also met with the Clinic's Nurse Practitioner for health concerns, and the Community Health Worker (CHW) for help finding a job. After several visits with her medical team, the CHW and Counselor, “Ann Marie” is improving. She is setting goals and using coping skills learned during her sessions with Gin. She was prescribed medication for anxiety and high blood pressure. As she thrives with the services provided by OCFC, she continues with her sessions until she is ready to move on...“Ann Marie” expresses her thanks to everyone at the Clinic– from the front office to everyone who helped move her to feeling better!

Patients depend on the Clinic for so many reasons including their medications, chronic care and supplies, diagnostic screenings, mental health counseling, visits to our Clothes Closet and food pantry and more!

We do our very best to care for those who are medically underserved by providing coordinated care in a fully staffed environment. If not for the Orange County Free Clinic many would not be able to afford the holistic care that OCFC provides.

UPDATE: Orange VA...

Thank You for responding to a critical need in our community!!

In August, the Clinic opened up one additional day for mental health counseling. This was due to support from GALA proceeds, Foundations and community support. **Gin Eborn (above)**, Behavioral Health Counselor, works with over 65 patients who receive integrated mental health and physical healthcare services at OCFC.

This is an exciting time for the Clinic because its' helping to fill a gap due to increased demand for services and the lack of affordable access to mental health professionals (even with health insurance) in our area.

Moving Right Along...



ORANGE COUNTY FREE CLINIC
P.O. Box 441 /101 C Woodmark St
Orange , VA 22960

Non-profit Org
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Orange VA
Permit No 97

Happy Holidays!!

Thank you for considering a donation to the Clinic to help someone who needs us !



Orange County Free Clinic



SUPPORTED BY YOU ...HELP FOR THOSE IN NEED

WHAT WE DO

What We Do- Access to free primary healthcare , medication assistance AND MORE!

What We Offer...Peace of Mind

Consistent, reliable quality healthcare without judgment or barriers ...

Who We Serve...Underserved-Low- income adult residents of Orange County who are medically uninsured and underinsured.



ORANGE COUNTY VIRGINIA



Thank you for making Orange County a healthier place to call home!

We want to recognize your generosity...

2023 contributions will be noted in Spring 2024 Newsletter!

Please remember us in your end of year giving. Contact Kim Frye Smith for questions or comments regarding the newsletter: kfryesmith@orangecountyfreeclinic.org

Happy and Safe Holidays to you all!



OCFC is committed to its mission to bring equal and equitable access to healthcare for all who come to the Clinic ! *Se Habla Espanol*



Visit us at www.orangecountyfreeclinic.org

PHONE: (540) 672-0793

