Orange County Free Clinic

"Community Based Care for Those in Need"

The Orange County Free Clinic is a 501 (c) 3 non-profit organization/www.orangecountyfreeclinic.org

Winter 2021 Newsletter

Finding a place and calling it Home!

...Always With Thanks and Gratitude





Best wishes for a

safe and healthy Holiday Sea-

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Crystal Nisly, CPhT Sr. Medication Assistance Coordinator



Dorren Brown, Executive Director



Dr. Randolph Merrick, Board President

Letter from the Executive Director

The joy of brightening others' lives, bearing each other's burdens, easing each others loads and supplanting empty hearts and lives with hope, becomes for us, the magic of the holidays.

W.C. Jones

Another year has quickly come and gone and my memories from 2021 are a little blurry. The clearest memories that I have though, are those of seeing the faces of grateful patients and hearing their words of thanks. Over and over I heard, "I don't know what I would have done without the Clinic!" or "If it weren't for ya'll, I'd be dead!" Throughout this stressful year, besides healthcare, we also always tried to offer our patients encouragement, assurance, and peace of mind...something we all need once in awhile!

To all of our Orange County Free Clinic friends, I wish the magic of the holidays and I thank you for brightening the lives of others, easing their burdens and helping to fill so many lives with hope! Have a wonderful holiday season!!!!

Dorren

In Memoriam

OCFC Board Directors, Michael Miller (Left) and Brian R. Hall, OBE (right)

Long time friends of the Clinic, both passed away in November 2021...Mike and Brian never forgot the Clinic and its work. We are deeply saddened by the loss of two dear friends and men who supported the Clinic with commitment and dedication to the Orange County community! Godspeed!







Moving forward with Gratitude!



...finding a Primary Healthcare home at OCFC



OCFC-

Being Careful Being Watchful Being Mindful

We are grateful for...

- A Healthy and Safe environment for staff and patients...Safety protocols remain in place... AND staff who work tirelessly all year long...
- 2. Our Board of Directors, Donors and Contributors who make services possible through their volunteering and gifts...
- 3. The 800 patients in 4500 visits in FY21 (July 2020-June 2021) During and after Covid-19 restrictions who thank us everyday for caring...
- 4. Our MAP program and Pharmaceutical Companies who provides an estimated monthly value of \$2 Million for medications provided to patients and others who would go without if not for our medication assistance program...
- Our Community Health Care Partners who donate services and make it possible to diagnose and treat over 450 Chronic Care patients annually.

For many, OCFC is a healthcare safety net that creates a safe and nurturing primary medical care home. Either temporarily or permanently the Clinic is always available for those who need us. Over the past two years, the Clinic has seen former patients returning and seen an increase in new patients seeking healthcare. There are eligibility criteria to receive care at the Clinic, so those new and returning patients have fallen on hard times. At intake, they have indicated losing employment or loosing employer insurance, some are moving into the County or back home. During recent times, those seeking care are more frequently homeless and living in temporary housing with relatives or friends.

Masking is still required and priorities are to still provide access to acute and primary healthcare to those who need us most. Efforts continue to reach out to community residents who are uninsured and in need of a healthcare home.

OCFC Providers encourage everyone to keep their routine healthcare regimens when possible and this includes taking prescribed medications. As a fully functioning primary healthcare facility, the OCFC is a consistent and critical resource to the Orange County community . During a very stressful time, the Clinic maintained its schedules to make sure patients received their routine visits. Some come and some go, but that's OK...We're here!!

The OCFC consistently supports and provides services to over 800 uninsured and underinsured residents annually in about 4,500 visits. www.orangecountyfreeclinic.org

Who We Served FY21

- *49% Town of Orange
- *31% Locust Grove, Unionville and Rhoadesville
- *13% Gordonsville/Barboursville
- *7 % Rapidan and other
- *65% of patients have chronic diseases including Diabetes, Hypertension, COPD and Depression
- *168 New enrollments for services



Lisa Wilson, Office Mgr.

Lisa has been with the Clinic eight years and brings consistent service to patients, medical providers, and partners...Lisa and Dorren assure patient quality of care and that they receive all that they need during and after their healthcare visits!



Thank You to Golf Players, Sponsors, Contributors and Volunteers

The 18th Annual Tony Fogliani Memorial Golf Tournament ...

A BIG SUCCESS! RAISING OVER \$10,000 for Clinic programs

Hole in One Sponsor

Battlefield Automotive-\$15,000

Diamond Sponsors

Elaine Fogliani and Doug Ponton **Dominion Energy** Fried Companies, Inc. Mary Washington Healthcare

Gold Sponsors

BBQ Exchange Del Compton Innovative Healthcare and Laser Therapy The Virginia Country Lawyer **Tiger Fuel Companies**

Silver Sponsors

Michael and Joyce Bosworth Mason Insurance Agency, Inc. **Battlefield Automotive Group**

Hole Sponsors

Belmont Farm Distillery Clore's Repair Shop Charlie and Stephanie Hess Chuck and Ann Mason Keith and DeAnne Marshall Preddy Funeral Home State Farm Insurance-Kevin Mann Lisa Taylor, CPA Native Son Vineyard Rural Retreat Farm Ruckersville Animal Hospital-Dr. Chip Godine

Golf 2021 Donors and Contributors

Aberdeen Barn Mr. and Mrs. Bill Anderson Belmont Farm Distillery – Silent Auction **Brown Exterminating** Sheldon and Rita Clark Richard Clore Beck Cohen Carter Hotchkiss John Davis and Margert Moon Davies Green Hills Country Club Meadows Farms Golf Course Massanutten Resorts Meadow Creek Golf Course



MaryBeth Madison Andrea Madison **Barbara Thomas** Dr. Randy Merrick Elaine Fogliani Doug Ponton and Elaine Fogliani Kevin Parham



Meadows Farms Golf Course, Locust Grove

Going for it...Golf in October 2021

VA...it was a happy day when 48 players came out for a day of Golf and to support the Clinic! When the decision was made to move forward with the 18th Annual Tony Fogliani Memorial Golf Tournament on October 1, everyone waited in anticipation. Mr. Larry Haney and his team were the first to sign up! Mr. John Y. Faulconer won "longest drive" contest!! Thanks to everyone who participated...See more pictures on our website: www.orangecountyfreeclinic.org











A Health Care Home

Your support for OCFC services makes a difference now more than ever for those who need our help...Please remember the Clinic and our on-going efforts!

Celebrating Health Care with thanks and gratitude to Orange County!



Patients find their way to the Clinic when they need us most, unable to afford healthcare or costly medications they look to us ...

Patient DM lost her full time job at a local business. She went back to work but didn't qualify for Medicaid and couldn't afford a marketplace healthcare plan. DM has COPD and uses inhalers to help her breath. Unable to afford insurance or her treatments, DM now receives her routine care and medications through the OCFC and the MAP (medication assistance program). She hopes her current financial situation is temporary but until that changes, she has a healthcare home for as long as she needs us!

Patient JR had been previously diagnosed with Type 2 Diabetes and came to the Clinic for help when he could not afford his medications. Through the Clinic, he is now receiving all of his insulin, medications, supplies and regular care. He had previously been hospitalized several times because he was not monitoring his glucose levels and didn't have access to expensive medications needed to control his chronic illness until he found his way to the Clinic. He works but his employer does not offer healthcare insurance.

Patient EM just moved to Orange County after loosing her job due to Covid-19 shutdowns. She is homeless but living temporarily with two families. Her English is limited, and she came to the Clinic for care with her son. She was able to convey through the Clinic interpreter what her issues were and clearly understood instructions for her new medications and healthcare regimen.



Laughing is good for the heart and can increase blood flow by 20 percent.

Interpretation Services

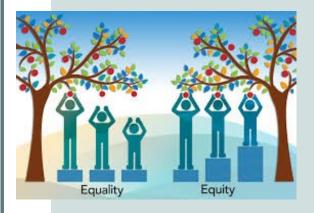
Choosing a Primary Healthcare Home...breaking language barriers

Welcome Debby Menjivar , Spanish Interpretation – Office Assistant.

Debby works with the Front office to coordinate healthcare visits and assists with language communications between patients and Providers.

Since adding Spanish interpretation services to the Clinic over a year ago, patients and staff are seeing overall improved healthcare outcomes.

OCFC is committed to its mission of equal and equitable access to healthcare for all who come to the Clinic and this is just one way the Clinic strives to remove barriers to healthcare!



"Your support is so important ... OCFC

works hard everyday to keep patient services flowing. We leverage every dollar to make sure no one gets turned away. The Clinic depends on the generosity of individuals and businesses like you to keep Orange County healthy...Having a healthcare home means everything! ...Please let us know if we can tell you more...Thank You"...Kim Frye Smith, Resource Development Director

Essential Services to our Community ...



Health Care Partners

In-Kind Essential Services for Patients...

Thank You for Investing in a life!

Our *Health Care* Partners provide essential and lifesaving services for our patients

Referrals, Labs and diagnostic testing, Specialty care including dental, diagnostic and medical procedures...

Partners include:

- Culpeper Wellness Foundation—Dental Services
- Direct Relief International Funding support and medical and personal hygiene supplies
- Dermatology PLC
- District Supply
- District Healthcare
- Dr. Randolph V. Merrick , Innovative Health Care & Laser Therapy
- Every Woman's Life
- FAHSS
- Germanna Community College

 Nursing Volunteers and Medical Students
- LabCorp (all labs and testing)
- Mary Washington Healthcare
- Mt. View Nursing Home—Medical volunteers
- National Association of Free and Charitable Clinics
- Orange Pharmacy—Patient Prescriptions
- Your Gordonsville Pharmacy— Patient prescriptions
- Rapidan Rappahannock Community Services Board
- Radiologic Association of Fredericksburg
- Sentara Martha Jefferson Hospital
- UVA Mammogram Mobile Unit
- UVA Heath System Culpeper Medical Center
- Virginia Department of Health
- Virginia Association of Free and Charitable Clinics

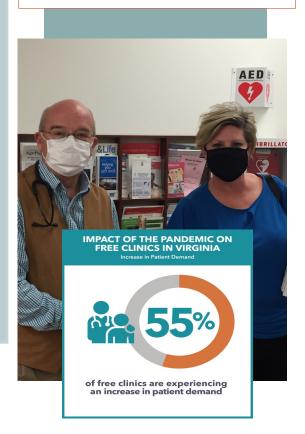
OCFC Cares Program

Medications, Medical Supplies and Take
-Home Monitoring Devices

OCFC Cares Program provides medications and critical medical supplies for patients with chronic illness like Diabetes, COPD and Hypertension.

The OCFC Cares program was created during the on-set of the Covid-19 Pandemic when the Clinic moved to Telehealth visits for most patients who needed monitoring while at home. As part of patient healthcare and services, Diabetic patients receive medical supplies such as glucose strips, pen needles, lancets and alcohol swabs.

To encourage self-monitoring and better health habits at home, some patients who are most in need, receive monitoring devices like oximeters, blood pressure cuffs and nebulizers. Medications and supplies to patients are the costliest of direct patient care services and as costs continue to rise, OCFC is grateful to receive grants and funding to help support this program. Culpeper Wellness Foundation, Lake of the Woods Lions Club and Rural LISC donated funds this year to keep this service going!



Thank You for Giving ...



Look to our Spring Issue for our complete 2021 Donor List!

In order to reflect the entire 2021 gifts and donations, we will list all contributions, gifts, grants and donations in our Spring 2022 newsletter ... If your gift or donation comes in before December 31, your name will appear in our Spring Issue Newsletter. *Our OCFC Newsletter* is one way to say that we appreciate your gifts of support and hopefully acts as a reminder to include us in your annual or monthly giving plan.

Thank you for giving when you can, making the commitment to give in the future and being ambassadors for the Clinic by asking others to make this important commitment that helps so many!

Thank you for your investment in our work and in the Orange County Community
...Consider supporting the Clinic in the way that feels right for you...There are many ways to
help ...

Five for Five Challenge...

A Challenge Grant in 2019 from Ms. Karla Baer asked Donors to give \$5000 annually for five years ... Consider participating in the Five for Five Challenge

Thank you to our current Five for Five "Partners"!

Planned Giving is another way to assure that a cause you support continues! Consider including us in your estate giving plan. You would be leaving a meaningful lasting legacy!

Give Monthly: Set your amount and know that you are giving someone back their health... an opportunity to help pay for life saving services...

See "Donate Button":

www.orangecountyfreeclinic.org

A beautiful Memorial Plaque is displayed in the Clinic Waiting Room...contact us to learn more!



Dedicate A Room or Space at the Clinic: Below: Front waiting Room Dedication









Kim Frye Smith – Resource Development Director at the Orange County Free clinic

Orange County Free Clinic

P.O. Box 441 /101 C Woodmark St Orange , VA 22960 Non-profit Org US Postage PAID Orange VA Permit No 97

SUPPORTED BY YOU ...HELP FOR THOSE IN NEED



WHAT WE DO

We do Healthcare... Creating the best possible environment to bring healthcare to our community by providing access to free primary medical care and prescription assistance to adult residents of Orange County.

WHO WE SERVE

The Underserved...Low income Adult residents of Orange County who are un-insured and medically underinsured.

WHAT WE OFFER

Peace of Mind... Everyone deserves quality, equitable, accessible healthcare regardless of ability to pay.





Thank you for making Orange County a healthier place to call home!

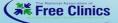
Coming Events

Details to follow...

February 2022- Fun "hands On" fundraiser sponsored by local business Paint It Orange– *Planning*

April 2022- Hope Blooms GALA – Our Signature Fundraiser *-Pending*

May 22, **2022**– Hartland Chorale Concert at OBC–4 P.M. *-Planned*







Visit us at www.orangecountyfreeclinic.org
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