Staying the Course...Keeping Hope Alive!

“I will never forget how they (OCFC) helped me when I needed it...that's why I do what I can now, as long as I'm able!”...Louise Brock

...Mrs. Louise Brock, drives in monthly from Gordonsville with her financial donation and a few supplies for our “Corner Pantry”

You see, Mrs. Brock knows what it is like to go from having good healthcare coverage to not having any at all! Her situation was short term, but it is still the reason why she will continue to help the Clinic however she can... Mrs. Brock thoughtfully recalls that years ago the Clinic was there for her. “I will never forget how they (OCFC) helped me when I needed it...that’s why I do what I can now, as long as I’m able!” She said that she'll continue to help us because she wants to do her part to keep services available for others.

OCFC depends on the contributions of private individuals like Mrs. Brock, who believe like we do, that everyone should have access to healthcare when they need it!

Thank you Louise, for your caring spirit of giving back in the best possible way...by helping others!!

Being Mindful

OCFC Delivers Vaccines

OCFC is one of the few Free Clinics in the state to receive a supply of precious Covid-19 vaccines from the Rappahannock-Rapidan Health District and quickly rallied to make sure all eligible patients had their chance to receive a vaccination! So far the OCFC has fully vaccinated over 200 Clinic patients and community residents. Thank you also to Orange Family Physicians for help with vaccinations in March for an additional 30 patients!

Patient Jackie White said she could hardly wait to get her vaccination and was happy that she had the Clinic to come to...No waiting and no worries!
Staying the course...keeping hope alive!

Letter from the Executive Director

Dear Friends of the Orange County Free Clinic,

Staying the course has been our strategy ever since the pandemic caused us all to modify and adjust our everyday lives. Covid did not stop patients from still needing to see our health providers for their chronic care management, or to treat a rash, or to check their labs or to take care of a variety of other patient care needs, including giving over 200 Moderna Covid Vaccines! Using safety precautions and screening processes, we have been able to continue to keep the doors open... providing both telephone visits and in-clinic visits...we have “stayed the course”!!! We continue to count on our Donors, Contributors and the Community as a whole so that the people we help, can count on us to be there in their time of need.

I know we are all looking forward to the days when without hesitation, we’re maskless, can hug, shake hands or even high-five each other! Until then, please continue to be safe, healthy and...in your own way, Stay the Course!!!

Dorren Brown
Executive Director

Ask us what a Healthcare Safety Net means to our patients...

- Primary Healthcare /Chronic and Diabetic Care Management /Open five days, with Provider appointments Monday-Thursday 9-5
- Corner Pantry (food, over the counter medicine and personal supplies
- Women’s Services
- Medication Assistance –Rx/Medications and supplies provided to OCFC patients
- MAP -Medication Assistance Program for higher costing generic and brand name medications that is also available to non-clinic patients
- Spanish Interpretation

...It means knowing that if you are uninsured, underinsured and living below the federal poverty levels, you have peace of mind with OCFC as your Primary Care Provider! We remain diligent in keeping health care services available and accessible to Orange County residents who find themselves in need, for any reason!

Did you know a typical 30-day supply of COPD medications can cost upwards of $600?

One of many medications needed are those that treat chronic COPD. Without our MAP services, the cost of these medications would make access difficult, if not impossible for most people. See inside for a story on how our MAP Caseworkers help to obtain this expensive medication for eligible residents in our area.
OCFC – Staying the Course …Keeping Hope Alive

Coordinated Care and Medication Assistance Program

“I am deeply grateful to the Clinic and that they stuck with me through all of this...” Susan S. experienced the persistence of the Clinic’s MAP Caseworker who made sure she received the medication needed to treat her chronic COPD.

Chronic obstructive pulmonary disease (COPD), which includes emphysema and chronic bronchitis, makes breathing difficult for the 16 million Americans who have been diagnosed with COPD. Millions more suffer from COPD (and Asthma), but have not been diagnosed and are not being treated. COPD can limit your ability to work or even perform simple daily tasks.

Susan’s unexpected COPD flare-up may not have been so unexpected because she had been skimping on her prescribed respiratory inhaler medication to make it last longer. She could no longer afford the monthly costs. Susan had been a patient at the clinic on and off throughout the years, and says the Clinic was always there when she needed help. Like so many of OCFC patients, Susan had lost her medical insurance through her work as a home care assistant and couldn’t afford to continue her healthcare. She was transitioning and had not landed on her feet! Upon her return to OCFC, Providers started a new healthcare management plan for her worsening COPD and Asthma including prescribed inhalers and a nebulizer for regular and consistent treatment. To help with her medications, the Clinic’s medication assistance program caseworker contacted partner pharmaceutical companies to find the specific medications for Susan, so she could resume a consistent healthcare regimen!

“...there was no way we would let her fall back when she was doing so well with her medication regimen...” Meredith Beachy (MAP Caseworker)

“...I knew I could come back to the clinic when I needed help!”

Symptoms of COPD include:
• Frequent coughing or wheezing
• Excess phlegm or sputum
• Shortness of breath
• Trouble taking a deep breath

Pictured Above: Left to right—Meredith Beachy and Crystal Nisly, MAP Caseworkers with Kim Sargent, Family Nurse Practitioner

Pictured Right—Leslie Raiford, Family Nurse Practitioner

HMMM...A sneeze generates a wind of 166 km/hr (100 mi/hr), and a cough moves out at 100 km/hr (60 mi/hr).

Thank you to Andre Hinterman!

(Left) Andre Hinterman, Founder Piedmont Regional Dental Clinic, speaks at a reception honoring him for his work and support of dental services in Orange County! Culpeper Wellness Foundation (CWF) assumed operation of PRDC and will continue offering dental services throughout the area! With a referral, OCFC patients receive emergency dental care through grants and in-kind assistance from CWF! As Mr. Hinterman expressed his appreciation for PRDC staff and the Community, he also indicated that we haven’t seen the last of him! We are thankful for that!!! Mr. Hinterman was also one of the benefactors who founded the Orange County Free Clinic in 2007! Best wishes Andre...

Thank you to Andre Hinterman!
Thank you for your investment in our mission and in the Orange County Community! This list includes gifts/contributions from December 25, 2020-May 2021. We regret any omissions or errors. Should corrections be necessary, please contact this office at 540-672-3530 (Kim).

Thank you for giving when you can, making the commitment to give in the future, and being ambassadors for the Clinic by asking others to make this important commitment that helps so many!

Staying the course...Keeping Hope Alive

**Estate and Bequest**

Frank & Donna Mork Estate-$10,000
*Please also consider this valuable legacy opportunity*

**$25,000+**

Skyline CAP-Partnership Fund -at the Charlottesville Area Community Fnd.
Clark Family Foundation
VA Health Care Foundation (VHCF)
VA Association of Free and Charitable Clinics (VAFCC)

**$10,000-$24,999**

Thomas and Karen Bond
Culpeper Wellness Foundation
Local Initiatives Support Corp-VA
Winchester Open MRI COPN
Valley Charitable Trust (James Collins)

**$5000-$9,999**

DHC, Inc. (Pernell & Perrie Williams)
Gordonsville Presbyterian Church
Sentara Martha Jefferson Hospital Fnd.

**$1,000-$4,999**

Anonymous
AARP Locust Grove
Dr. Eve Bargmann
BIMA Corp.
Dellis & Sharon Compton
Jaske Family—
*(Pamela A. Jaske Charitable Gift Fnd. Jan and Elizabeth Lodal - (In Honor of Gail and John Marshall)*
James H.T. McConnell, Jr.
LOW Lions Club Foundation
Samuel & Mary Menefee
Greta Shaw
St. Thomas Episcopal Church
Trinity United Methodist
William F. Thornton

**Five for Five...**

Thank you to our Five for Five “Partners” for their 2021 annual donation of $5,000:

- Karla Baer
- Brian R. Hall
- Florence B. Fowlkes Fund
- Carol Ann Mayer Roddy
- Anne Russell Gwyn & A. Stuart Robertson, Jr. Fund
- Ann B. & R. James Thornton, Jr (Family)

**Battlefield Farms, Inc.**

**Battlefield Farms Inc. Our newest Five for Five Donor 2021**

**$1,000-$4,999 continued...**

Town of Gordonsville
UVA/VPR - (In Honor of Mary Jane ‘Corky’ Miller)
Robert “Bob” Vasquez
Walmart Distribution Center
Walmart -Warrenton
Walmart—Ruckersville
Martha Zaritsky

**$500-$999**

Marta and Tony Buzzelli
Jessica Cifizzari
Community Bank of the Chesapeake- (nominated by Sam Kessler)
Florence B. Fowlkes
Jane Haltmaier
Prof. Wallace Hornady
Dr. Byron and Jennifer Hulsey
Little Zion Baptist Church
LOW Lionesses Club Foundation
Mary Beth Madison
Coles Merrick
Robert Mosolgo
Orange Rotary Club
Grace Stillwell
Walmart -Charlottesville
Carol Wayner
Ellen Wessel

**$250-$499**

Salaar Ali (OCHS)
Robert L. and Adrienne Burrus
Good Shepherd Lutheran Church
Rebecca Grymes
Mary Dennis and Ray Herndon
Charlotte Tieken - (Honor/Appreciation of Everyone at Waverly Farm)

**“Your support is so important...OCFC works hard everyday to keep patient services flowing. We leverage every dollar to make sure no one gets turned away and we depend on the consistent generosity of individuals and businesses like you to keep us going. We are happy to tell you all about the life-saving services of the OCFC and how your donations make a difference...Best to you and Thank You”...Kim Frye Smith, Resource Development Director**
$100-$249...cont.
H.B. Sedwick
Eloise Tucker
Sue Sulzer
Charlotte Tieken-
(Honor of Mr. and Mrs. Jeff Tigner)
Terry & Timothy Tigner
Pauline Vismer
Mark & Jasmine Warren
Weymouth,Swaynee & Corroon Ins.
Frank & Bernice Walker
Bryan Wisner
Loraine Wright

$1-$99
Lynne Baines
David Brizzolara
Nancy & Pete Cameron
Richard Clore
Cynthia Colvin
S&I Dulin
Gayle Fitzhugh
Linda Hoffman Gallup
Ben C. Hale
Wanda Jones
Jean & Joseph Kube
Raymond & Barbara Lonick
Lucille Moulray
William McClellan
Charlene Mooney
Pamela & Larry Norem
Mr. and Mrs. V.R. Shackelford III
Emily Winkey
Karen Wheeler
Annie Washington

Donors...continued
Jerry & Suzanne Aiello
Brook & Hilda Altman
Sara Lee Barnes -
(Honor of Dr. Randy Merrick)
H.P. & Suzanne Bresee
Louise Brock
Francis & Marilyn Buttmer
Rebecca Coleman
Stephen Cushman
John & Margaret Moon Davies-
(Honor of V. Rea Jones)
Rudy & Cynthia DeCanio
Janet Faulconer
John Y. Faulconer
Rita & John Flyzik
Catherine M. Gillespie
Megan & Eugene Hack
Elizabeth H. Hall
Leo Harden
Madeleine Harvey
Tracy Jacobson
V. Rea & Margaret Jones
Macedonia Christian Church
Mary and Tony Hodge-
(Honor of Dr. Randy Merrick)
Dr. & Mrs. Randy Merrick -
(Honor of Mr. and Mrs. Bill Speiden)
Joe & Glennah Moy
John & Carol Nettles
Orange Baptist Church
Carl & Barbara Owens
Elaine Fogliani & Doug Ponton
Judith Peterson
Jeff & Sarah Poole
Richard C. Powers
Harwood & Frances Purcell
Gilbert & Mary Stroh Queitzsch
Hunter & Elizabeth Rawlings
Karen Read
Larry & Alyson Sappington

Memorial Gifts
Gifts made in “Memory” of the following friends and loved ones: December 2020 through May 2021.

Pat Caudell
Dana Saulconer
G. Harold Faulconer
Robert O. Grymes
Margaret & Kenneth Gallup,Sr.
Jeanne DeDores Harrison
John Jaske
James “Jimmie” McDaniel, Jr.
Frank & Donna Mork
Jeremy Ryan Norem
Ann Belfield Thornton
R. James Thornton, Jr.
Elinor Vasquez
Robert “Bob” Wright

Thoughtful gifts made in this way honors loved ones while helping others! Thank You!

A beautiful “Memorial Plaque” is displayed in the front waiting area.

Left- Thank You to Orange Rotary Club for inviting the OCFC to “Zoom” at their May 18 meeting! Barry Barr coordinated the virtual tour of the Clinic ... Barry is a rotary Club Member and also an OCFC Board Director.

www.orangerotaryva.org

Thank You for keeping us in your thoughts when planning your annual, quarterly and monthly giving...We all make a difference to the people who look to us for their healthcare. Please continue to include us in your giving and know that your gifts are truly “Gifts of Life”. 
Thank You to our In-Kind donors (December 2020 through May 2021)

Mary Askew
Dr. Eve Bargmann
K. Bertolino
Louise Brock
Marcia Colby
Irene Coleman
Culpeper Wellness Foundation
Direct Relief International
Faith Mission Fellowship Church
Linda Grayson
Yvonne Letsome
Hartland Institute
David Kipps and Family
Betty Lou Poff
Lab Corp
Mary Beth Madison
Dr. Randolph Merrick
Orange Food Pantry
Orange Pharmacy
Orange Rotary Club
Samantha Reynolds
E. Paul and Nancy Williams
Michael Wilson
Women’s Circle – OBC
Your Gordonsville Pharmacy

Individuals volunteer their professional skills (like Samantha Reynolds), donate clothes, food, medical supplies and equipment. Just recently, for example, Mrs. B. Poff donated a “Vascular Therapy System” to help with blood flow in the legs, especially useful for a diabetic patient!! Patients tell us how much the extra help means to them!!! Thank You!

We depend on our healthcare volunteers and look forward to the days when we can fully resume our volunteer programs ...thank you for your readiness and phone calls to see how we’re doing!

Thank you Samantha!
Volunteer Counselor – Samantha Reynolds

OCFC’s Corner Pantry is small but a mighty big help!! Direct Relief International, community individuals and organizations donate consistently...Thank You!!

Thank you Samantha!
Volunteer Counselor – Samantha Reynolds

Our bi-annual newsletter is one way to say that we appreciate your gifts of support. Our newsletter helps us to reach past, present and new community residents... Thank You!

There are multiple ways to show your support of the clinic’s mission! Please go to our website to find out more! Giving on line, donate in person and the good old fashion “checks in the mail” is always appreciated!

www.orangecountyfreeclinic.org

Give Monthly through Pay Pal: An Opportunity to help pay for life saving services... www.orangecountyfreeclinic.org

You continue to support our commitment and this tells us that you value our services and understand the reason we are here! Thank you for being here for so many hard working residents who look to the clinic for support!

Best to you,
Kim Frye Smith,
Resource Development
Tee Up...Golf Is Back!

SAVE THE DATE

Friday, October 1, 2021/9:00 Meadows Farm Golf Course, Locust Grove VA

“Golf is back”...Doug Ponton and Elaine Fogliani are inviting golfers back to Meadows Farms Golf Course for the 18th Annual Tony Fogliani Memorial Golf Tournament to benefit the Orange County Free Clinic!!

It will be a Friday morning “T-Off” this year...All for a very good cause! Doug Ponton, chairman of the Golf Committee says “it’s long overdue and we are excited that Meadows Farms Golf Course will host again this year, keeping the same great standards for a great day of golfing! Look for “Save the Date” postcards coming soon and Sponsorship/Team sign ups in the mail around July 1.

Sponsorships are available to help us make this a successful fundraising event!! Contact OCFC for more information... or www.orangecountyfreeclinic.org

Thank You to the Culpeper Wellness Foundation, the Lake of the Woods Lions Club, and the Local Initiative Support Corp-VA (LISC) for supporting the clinic's OCFC Cares project that provides medications and critical medical supplies to patients with chronic diseases like Diabetes and COPD! OCFC provides medical supplies like glucose strips, pen needles, lancets and alcohol swabs for all diabetic patients. Devices like oximeters, blood pressure cuffs, and nebulizers are provided to patients who are most in need because of the severity of their illness.

Supporting the Every Day!!

Grants like the one received through Skyline CAP Partnership Fund at CACF will help support salaries and programs at the Clinic...

Having to pause fundraising events put a strain on the Clinics ability to cover operating costs. Having funding that supports operations for patient care is critical...

Thank you to Skyline CAP Partnership Fund at CACF for making this grant available to OCFC and others!

Thank you to Salaar Ali!!

Community Service Project for OCFC!

Salaar Ali, is a Senior at Orange County High School and part of The Blue Ridge Virtual Governors School. Through a community service project, Salaar raised $300 to benefit the Orange County Free Clinic!!

New look for OCFC Patient Entrance

Below: VA Cares Grant from VAFCC provides protection from the elements for patients...

Patient W. D. says he prefers to stand outside when the waiting room is full. Now, he says he can be outside in the shade or not get wet when it is raining!

...Benches coming soon! Thank you to the Orange Rotary Club for this fantastic gift!!
WHAT WE DO
We do Healthcare... Creating the best possible environment to bring healthcare to our community by providing access to free primary medical care and prescription assistance to adult residents of Orange County.

WHO WE SERVE
The Underserved... Low -income Adult residents of Orange County who are un-insured and medically underinsured.

WHAT WE OFFER
Peace of Mind... Everyone deserves quality, equitable accessible healthcare regardless of ability to pay.