



# *“Community Based Care for Those in Need”*

## **Orange County Free Clinic**

### **2018 Fall/ Winter Newsletter**

#### ***Say Hello to Dr. Erin Kalan, D.O.***



Dr. Erin Kalan, a native of Orange County, was no stranger to volunteering and to the Free Clinic when she began working for the Clinic as a part time provider in 2018. She was introduced to the Orange County Free Clinic during her “rotation” with Dr. Randy Merrick, OCFC’s Medical Director. Dr. Kalan, originally did a pediatrics residency at UVA and since then, has moved into General Practice. She also practices functional and plant based medicine where she advocates for increased awareness of better nutrition for healthy living. Dr. Kalan has created a strong rapport with her acute and chronically ill patients as she brings her own perspective on healthy living and good nutritional habits. Patients love her caring demeanor and friendly bedside manner!

#### ***Doctor Merrick-OCFC’S UNSUNG HERO***

The Virginia HealthCare Foundation held its annual “Heroes in Health Care” celebration on September 24, at the Omni Richmond Hotel. The awards ceremony recognized outstanding efforts by volunteers and employees of Free Clinics from all areas of the state for their work to help uninsured Virginians obtain needed health care and medicines. Among the honorees was Dr. Randolph V. Merrick, M.D. of Orange, for his outstanding volunteer work with the Orange County Free Clinic. “Doc” Merrick was nominated by the OCFC for his outstanding dedication and commitment to the clinic and on-going efforts to sustain the “health safety net” for Orange County’s uninsured residents. Believing that everyone should have access to quality and affordable healthcare, Doc Merrick has donated thousands of hours to the clinic. His passion is seen every day with patients and staff at the Clinic as he makes his routine rounds above his normal day at his own practice. [www.orangecountyfreeclinic.org](http://www.orangecountyfreeclinic.org)



*Falling ...*



*Winter*

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the Dreamwork...***

## Letter from the Director

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MAP Caseworker

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Counselor

Lisa Wilson  
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Kim Frye Smith  
Resource Development  
Director



**N**ow that 2018 is coming to a close, I tried to come up with a descriptive word or two that would sum up this year at the free clinic. After much thought, I finally looked in the thesaurus and found a few words that would work: monumental, notable, mind-blowing and my favorite, **2018 was a “doozie”!** So much has

happened and so much is about to happen! This year we’ve had staff additions and changes, programs and services added, and we’re now re-thinking our role in this ever-changing healthcare industry.

Beginning on January 1, 2019, nearly 400,000 Virginians who are between 0-138% of the Federal Poverty Level (FPL) will be newly eligible to receive Medicaid. How wonderful that our neediest residents including uninsured, underinsured and working poor will have access to healthcare beyond the Free Clinic. ***While this is great news on the surface, this is in no way saying that our job at the Orange County Free Clinic is done.*** In reality, there are still between 90,000 and 100,000 Virginians that Medicaid will not cover. The OCFC’s eligibility requirements have always been to help patients between 0-200% of the federal poverty level (FPL) and we will continue to provide quality healthcare to our patients that qualify for Free Clinic services. We also plan to not abandon our patients that receive Medicaid but can’t find a local provider that can see them in a timely manner. Unfortunately, our community has a limited amount of medical practices, and we’re concerned that these practices won’t be able to accommodate thousands of new patients come January 2019. It’s a bit of a dilemma, but our mission will remain the same, “dedicated to the belief that everyone should have access to health care services”. So, we’re not going anywhere, anytime soon!

*In closing, I’d like to say thank you to Everyone who has had involvement in the success of Orange County Free Clinic, be it those on the Board, working here, volunteering, donating financially and/or in-kind, or supporting us with words or thoughts. We all make a difference.*

*Please continue to include us in your annual year-end giving and know that your gifts are truly “Gifts of Life”.*

**...Dorren**

*From our family to yours, we would like to wish you all a very happy  
and safe Holiday Season!*



## THANK YOU TO OUR VOLUNTEERS

American University Phlebotomy Students  
Kenneth Anderson  
Pete Angersbach  
Alison Baker  
Eve Bargmann, MD  
Barry Barr  
Joan Baumgardner, RN  
Janice Beach  
Diane Bolduc, RN  
Denise Boyce, CNA  
Elaine Brown  
Haleigh Butler, RN  
Jude Christian, NP  
Carrie Clark  
Marcia Colby  
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Joanna Davies, RN  
Phyllis DeJarnette  
Mariah Dermody, RN  
The Dotson Family  
Germann Nursing Students  
PVCC Phlebotomy Students

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Amanda Williams  
Nancy Garnett Williams  
Stuart Yates  
Joanne Yoder

## THANK YOU TO OUR IN-KIND DONORS!

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Leah Lipson Photography  
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Med Spa of VA  
Melrose Antiques Interiors  
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Crystal Nisly  
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Objects on Main  
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Orange County Branch NAACP  
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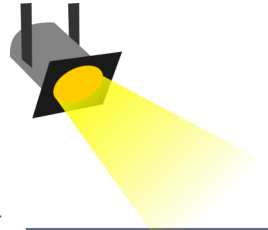


### *Worth knowing...*

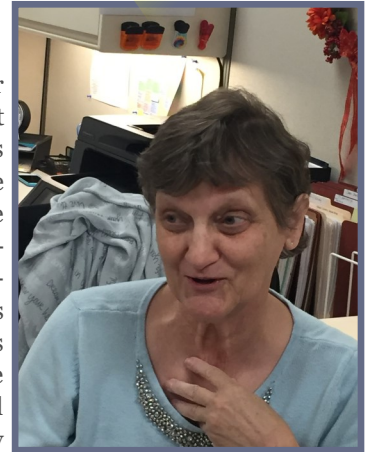
- **OCFC** served over 900 patients from July 1, 2017 through June 30, 2018 with 4,300 visits;
- **OCFC** is one of 63 Free and Charitable Clinics in Virginia and a network of over 1300 in the Country.
- **Chronic Care** patients make up about 70% of patients at the OCFC. Chronic illnesses, such as Diabetes, Hypertension, High Cholesterol, Obesity and Depression, when left unchecked, can lead to life threatening issues.
- The Medication Assistance Program (MAP) paves the way for qualified residents to receive generic and brand name medications, usually for free. The Clinic pays between \$6-\$7K plus for generic prescriptions each month for acute and chronic care. Costly brand name prescriptions are managed and coordinated for patients who receive free medicines valued at just under \$1 million per month through the MAP!
- OCFC began providing Women's Health and Wellness Services in memory of Carole Roddy, one of the Clinic's founders and well loved supporter of the Clinic! The UVA Mobile Mammography comes to the Clinic once every month offering free screenings.
- Mental Health Services are offered by a licensed Counselor two days per week.

## Volunteer Spotlight

### Sue Sulzer



**S**ue Sulzer, for over a year now, volunteering at the Clinic is her way of giving back and as she says, "I treat this (volunteering) as a "job"! When asked when her day ends, she says "it ends when they don't need me any more for that day and I come in as often as I'm needed. They need me a lot", she says jokingly! Her day is spent helping out the **Medication Assistance Program (MAP)** by calling patients when their medications have arrived, carefully coordinates pick-up and finds time to encourage patients on the phone. Sue is one of many volunteers helping out daily at the Orange County Free Clinic who are all so critical to operations! Sue works with Meredith Beachy and Crystal Nisly, MAP Caseworkers, and Meredith says " Sue is amazing, she comes in like clockwork and we would be so under water without her!"



*Sue Sulzer-Volunteer-MAP*

*Meredith Beachy, Pharmacy Tech. / OCFC MAP*



*Michelle Neverdon, OCFC Counselor*



*Crystal Nisly, Lead Pharmacy Tech/OCFC MAP*

# 16th Annual Tony Fogliani Memorial Golf Tournament

October 7, 2018– Locust Grove, VA– It was a beautiful day for golf! The 16th Annual “Tony Fogliani Memorial Golf Tournament and Silent Auction” to benefit the Orange County Free Clinic, was held at Meadows Farms Golf Course and gave 55 players the opportunity to “Tee Off for Healthcare” and support a great cause ! We raised just over \$10,000 and a “great big” thanks goes to the generous sponsorships, contributions and volunteer’ time and effort! Thanks to Diamond Sponsors’ and Board member Doug Ponton and his wife Dr. Elaine Fogliani for bringing the Tournament to our community and making the “Clinic” it’s charity of choice!

Teams came out on a very warm and beautiful Sunday to support the Clinic even after the date change because of Hurricane Florence! No one brought home the “Hole in One” prize from Battlefield Automotive, but everyone was a winner! Armed with mulligans and lots of water, teams rallied to play 18 holes on a beautiful sunny day! Dinner was prepared by Chef Randy Cooper and the event was staffed by volunteers, Board members and Clinic staff. Our other Diamond Sponsors this year included: Novant Health-UVA Health Systems, Dominion Energy Foundation and Mary Washington Healthcare .

Many Thanks to all of our supporters!



*Golfers Get ready...Sponsorship from businesses and individuals helped make the day a huge success for players and the Orange County Free Clinic.*



*Volunteer-Nancy Garnett Williams, Resource Development Director- Kim Frye Smith and Doctor Randy Merrick– 16th Annual Tony Fogliani Memorial Golf Tournament*



*Jim Rowe talks about his friend, Tony Fogliani and his love of the game!*

## 5 for 5

### Challenge Opportunity :

**...Again this year, Donors challenged others to support the Clinic with** their pledge to donate \$5,000 or more annually for 5 years! It’s not too late for a 2018 tax deductible donation and make your pledge for 2019 ! In it’s third year, this is a wonderful opportunity to ensure that programs and services are reaching and available to disadvantaged residents in Orange County!

Tax deductible and a sure way to secure your charitable donations by the end of the year, ask how you can make this happen!

**You can make a difference by** making OCFC your charity of choice! Your support to the Orange County Free Clinic can save a life ...

**Please consider** making a donation (of any amount) by using the enclosed envelope. or mailing to our address.





## SAVE THE DATE!

Annual "Share Your Heart For Health Care"

Winter Gala



**Saturday,  
February 9, 2019**

**The Inn at  
Willow Grove**

**Benefiting the Orange  
County Free Clinic**

Our signature Event is highly anticipated and we are excited to bring back the "live Auction" again this year with fabulous gifts including a luxury vacation spot and the best of what the area has to offer! Please look for "Save the Date" postcards coming soon!!

**WE HOPE YOU WILL  
JOIN US !**

Sponsorship letters will also be going out soon for your opportunity to help out again this year!

## Some things never change...

*...How appreciative our patients are knowing that the Free Clinic is open, available and that they will not be turned away!*

*...Recipients of the Clinic's services say to us all the time, that they "know someone is helping us to help them!" Patients give back whenever they can...they pay it forward!*

*...Your participation and support in Giving campaigns and OCFC fundraising events ensures that there is Equity in Healthcare...*

### **Partnerships mean the world to our patients...**

*"Best Wishes" to recently retired Wilderness Pharmacy owner and proprietor **Mr. Eugene Triplett** ! Mr. Triplett donated countless hours to local Free Clinics and other non-profits in the area during his years at the pharmacy and we expect that will continue! Retirement is suiting him, however, he says he's "catching up on just about everything"!*

*Patients would always count on Eugene and his staff to ensure everyone was served! Part of his legacy as a pharmacist was to ensure that other pharmacists 'give back to their community' by persuading them to donate hours of volunteer work! His contribution as a local pharmacist to the community was immense and the Wilderness Pharmacy was a critical part of the OCFC's medication assistance program!*

*Thank You Mr. Triplett!*

### **It really matters ...**

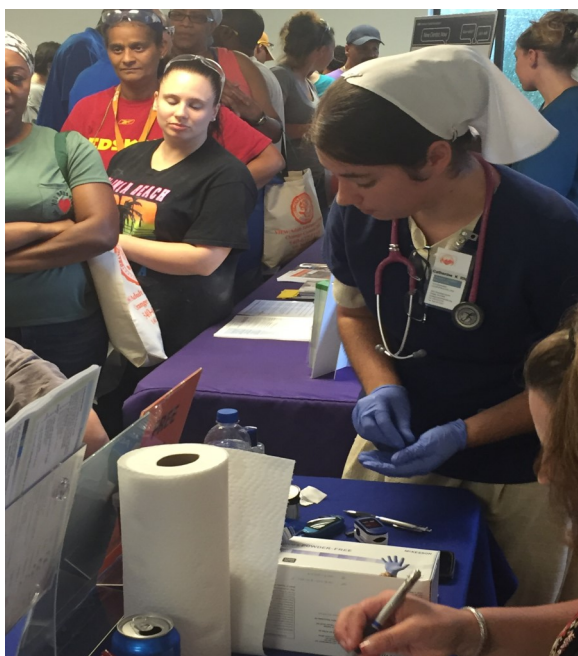
*Remaining Partnerships with pharmacies in Orange and Gordonsville make medication assistance possible for our patients...we partner so that cost burdens are lessened!*



*Pictured with his daughter, recently retired owner and proprietor of Wilderness Pharmacy, Eugene Triplett was honored at the VA Free and Charitable Clinics Conference (2018). He is also pictured with Executive Directors of Orange County Free Clinic, Free Clinic of Culpeper and Living Waters Clinic ! [www.vafcc.org](http://www.vafcc.org) for more information.*

***"It takes each of us to make a difference for all of us...It takes each individual contributing in his or her own way to make a difference for our entire community" -Jackie Mutcheson, Author and Teacher***

## Let's Talk



**Catherine Kipps, RN and Lisa Wilson-OCFC Staff**  
**Check Blood Pressure and Glucose levels at a local**  
**Health Fair in October.**

### Why Your Support Always Means So Much

- Your gifts change lives! We do not receive federal funding and your donations help keep the Free Clinic operating and accessible. We are Orange County's **Healthcare Safety Net and still need support from the Community to do our work.**
- Healthcare is costly, but it is an **investment** in people and our community.
- Medicaid Expansion is a wonderful opportunity to help close the healthcare coverage gap; we are committed to ensuring that our patients will have care, whether it's by us or another provider.
- There are between 90,000 and 100,000 residents in the State who will not be eligible for expanded Medicaid and who will go uninsured, are underinsured or will be without insurance from time to time.
- We work hard everyday to reach **Healthcare Equity in our community!** We assure our patients that no matter their ability to pay, they will have access to quality care when they need it, not just when they can get it.

## Welcome to OCFC Staff

Kim Frye Smith,,  
Resource Development Director

*...In her new role, Kim will build on previous successes in both grant writing and fundraising. In announcing her appointment, Executive Director, Dorren S. Brown says "Kim is a great addition to our OCFC team, we are fortunate that she comes with advocacy for poverty issues and understands our mission to promote healthcare equity." Kim says she is "happy to be part of this OCFC". I'm looking forward to meeting those who support us and hearing their stories...everyone has a reason for 'giving'!" I am excited to show our donors how their gifts make a difference in so many lives!"*

*Kim has worked in the non-profit world for just under 20 years in multiple leadership roles.*



*Kim Frye Smith, Development Director*



**Volunteer Board Members( Doug Ponton –top left**  
**and Barry Barr-Rt) with OCFC Staff at the 16th Annual**  
**Tony Fogliani Memorial Golf Tournament**



Thank you for your investment in our work and in the Community! We have made every effort to provide a complete list. We apologize if we somehow missed your name. Please let us know to include you in the next published list in our next report... OCFC thanks you for all you do to support our work! This list includes your financial contributions **December 1, 2017 through November 1, 2018** and does not include tickets, raffles or other items purchased at events.

#### Backers - \$10,000+

Adiuvars Relief Fund  
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#### Colleagues - \$500-\$999

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Little Zion Baptist Church  
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Cathy and Carmen Marco  
Med Spa of VA  
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Meadows Farms Golf Course  
Charlene Moonen  
Brent & Glenda Moore  
Mosquito Squad of Charlottesville  
Michael Mundell



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UVA Community Credit Union  
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Nancy Garnett Williams  
Marjorie Winkelmann  
Shirley Wood  
Peter and Penny Work

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Tammy Barboza  
Marilyn (Molly) Barrow  
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Gary and Ellen Bisson  
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Joong and Soon Shin  
Grace and Robert Singer  
Sedwick Build Supply  
Carol Simpson  
Hope Smith  
Alyson Sparks  
Irwin & Donna Stanton  
Page Sullenberger  
David Thomas  
Eugene Triplett  
Ina Troyer  
Kevin and Toki Wagner  
Jane Ware  
Bernice Washington  
Marjorie Winkelmann  
Robert & Loraine Wright

### Gifts made in Honor of:

Heidi and Robert Atwood  
Dr. Randy Merrick  
Jerry Van Hoven  
Mr. and Mrs. Jeff Poole

### Gifts Made in Memory of:

Carole Roddy  
Spencer Neal  
Christopher Ernest Duncan  
Frances Lea  
Rosa Powell Herdon  
Robert Grymes  
Gil Queitzsch

## Team Work Makes the Dream Work...

### ATHENA , EHR

**Preparing** for what's ahead...our new Electronic Health Records System (EHR) puts us in a far better place as we aim to accommodate the changes and growth in health care needs!

Up and running since October 1, there are still over 1,000 records that have to be entered and scanned into the cloud based system, but what's a few hundred additional hours for the brave and the few! The launch, coordinated by **Lisa Wilson (below)**, **OCFC Office Manager**, is progressing quickly. The \$50,000 plus system was donated by Athena Health Systems to free clinics across the state and will give us the capability to easily coordinate care with every level of healthcare providers (Physician offices, Hospitals, Labs etc.). Staff and Providers receive on-going training just in time for the new Medicaid Expansion. The Clinic will also serve as an enrollment site for newly eligible residents to sign up for coverage in partnership with our local DSS.

**Thanks to a grant from The Perry Foundation**, we will upgrade our technology and reconfigure the front office for a more efficient workflow for patients and staff!

### One Patient at a Time!



We all make a difference. Please continue to include us in your annual year-end giving and know that your gifts are truly "Gifts of Life".



**OCFC**  
101 C Woodmark Street  
Orange VA 22960/540-672-0793



**Office Hours : M-F 9-5 /Clinic Hours:**  
**Monday 9-4, Tuesday 9-7, Wednesday 9-4**  
**Thursday 9am-3p.m.**

**Walk -In Clinic Hours: Tues 4 p.m. -7p.m.**  
**Se habla español**



## ORANGE COUNTY FREE CLINIC

101 C WOODMARK STREET

P.O. BOX 441

ORANGE, VA 22960



Non-profit Org  
US Postage PAID  
Orange VA  
Permit No 97

## ORANGE COUNTY FREE CLINIC

### What We Do

**Make healthcare a priority...** The Orange County Free Clinic (OCFC) is dedicated to the belief that everyone should have access to health care services. Our mission is to provide primary medical care and prescription assistance to the residents of Orange County who do not have the resources to meet basic health care needs.

### WHO WE SERVE

**The Underserved...** Patients are adult residents of Orange County with no health insurance or under-insured and meet household income levels based on the Federal Poverty Guidelines.

### WHAT WE OFFER

**Peace of Mind...**reaching for Healthcare Equity! Every one deserves quality, accessible healthcare that is available regardless of ability to pay. The Clinic offers primary medical healthcare for acute and chronic illnesses.

Visit us at [www.orangecountyfreeclinic.org](http://www.orangecountyfreeclinic.org)

PHONE: (540) 672-0793

### Thank You for Investing in a life!

#### Our Health Partners

Novant Health -UVA Health System  
LAB Corp  
Mary Washington Healthcare  
UVA Mammogram Mobile Unit  
Orange Pharmacy & Your Gordonsville Pharmacy  
Wilderness Pharmacy (Thanks for their many years of service)  
Dermatology PLC  
LOW Lions Club Sight & Sound Mobile Unit  
Dr. Samuel Schustek, Podiatry  
Dr. Randolph V. Merrick, Innovative Health Care & Laser Therapy  
Orange County Health Department  
FAHSS  
Germanna Community College  
Americares  
Direct Relief  
Culpeper Wellness Foundation  
Mt. View Nursing Home  
Virginia Health Care Foundation  
Virginia Association of Free and Charitable Clinics